

# **Transgender Lives: The Intersection of Health and Law**

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UCONN Health Center  
A Resource Guide For the Connecticut Trans  
Community**

Prepared by the Connecticut TransAdvocacy Coalition,  
the Connecticut Women's Education and Legal Fund, and  
the Hartford Gay and Lesbian Health Collective.

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## Introduction

This resource guide is designed to provide legal and medical resources to help navigate many of the barriers specific to the lives of trans people. It is not comprehensive, and it is not legal or medical advice. This guide is a tool to help find trans-friendly resource providers, and give help navigate as many transition-related obstacles as possible.

We have organized this guide into three different sections. The first outlines the legal status of trans people in Connecticut, and describes many of the state and federal processes for name and gender-marker changes. The second section lists trans-friendly medical providers (please see the introduction to section two for a more detailed discussion of where we've found these names and addresses) for both physical and emotional health care needs. The third section is a short list of agencies and organizations that can provide specific supports and services depending on what you feel to be your needs.

We have tried to make this guide stand alone as much as possible, but there are several places where we cannot help but point you to the internet or other sources. Were we to include copies of name change or passport change forms, we would be doing you a disservice, as the forms would likely go out of date rather quickly. Most of the websites we've listed as places to download paperwork are fairly safe, and should not be difficult to access in public. We cannot make the same guarantee for some of the support organization websites, but have included phone numbers and addresses where available.

Again, this document is not meant to serve as medical or legal advice. We cannot guarantee that the medical providers we have listed will give you exactly what it is that you are looking for, or that your situation will easily fall in line with existing legal precedents.

If you have more detailed questions, please contact a lawyer or medical professional. If you cannot contact a lawyer or medical professional directly, please contact either the Connecticut TransAdvocacy Coalition (CTAC) at 860-983-8139 or [info@transadvocacy.com](mailto:info@transadvocacy.com). If you are looking for help to file a discrimination complaint and/or need an attorney, contact the Connecticut Women's Education and Legal Fund's (CWEALF) Information & Referral Service at 800-479-2949. If you have health care related questions, or are seeking a provider, contact the Hartford Gay and Lesbian Health Collective at 860-278-4163 or [info@hglhc.org](mailto:info@hglhc.org).

This guide is also available online at <http://www.transadvocacy.com>. If you feel there is something we've missed, or have an experience that you would like to share in future versions of this guide, please contact CTAC at the phone number above or at [resourceguide@transadvocacy.com](mailto:resourceguide@transadvocacy.com).

## **TRANS LEGAL IN CONNECTICUT**

### **DISCLAIMER**

*The information presented here is designed to help trans and gender non-conforming people be knowledgeable about their legal rights in Connecticut. The information is not equivalent to legal advice and should not be relied upon as such. Any specific questions concerning legal rights should be directed to an attorney. If you believe that someone has interfered with or violated your legal rights, you should consider your legal options and protect your rights. If you have additional questions or would like a referral to an attorney, contact the Connecticut Women's Education and Legal Fund's (CWEALF) Information & Referral line at 800-479-2949, the Gay and Lesbian Legal Defenders at 800-455-GLAD, or the Connecticut TransAdvocacy Coalition at 860-983-8139.*

### **Introduction**

This section of the resource guide addresses legal issues facing gender non-conforming people in Connecticut. Many legal protections currently exist for the trans community. However, because the law around transgender issues is in constant flux, talking to an attorney is an important first step. For the purposes of this section of the guide, the term “transgender” encompasses transgender, transsexual, and gender non-conforming people.

This section of the resource guide was adapted from a translegal document prepared by CWEALF and CTAC. The first section addresses the legal rights of trans people in Connecticut, and the second section is meant to help guide you through name and gender marker changes in the State of Connecticut. Appendix A is a list of Probate Court locations in the state to help you find the location nearest you. Appendix B is a list of the regional CHRO offices and the areas that they serve. Appendix C is an article by Jerimarie Liesegang on her experiences with the Social Security Administration's “No Match” letters.

### **Current Legal Protections**

#### **Discrimination**

In Connecticut it is illegal to discriminate against someone based on their age, ancestry, color, learning disability, marital status, mental retardation, national origin, race, religious creed, physical disability, sex, or sexual orientation in employment, housing, credit, and all public places and services. Furthermore, in all housing and public accommodations, it is illegal to discriminate against someone based on their mental disability, lawful source of income, and use of a guide dog. Familial status is protected in housing transactions only.

Currently there are no specific protections for transgender individuals. However, in 2000, the Connecticut Commission on Human Rights and Opportunities (CHRO) issued a declaratory ruling stating that it considers discrimination against transsexual people to fall under the protections provided by Connecticut's statutes that prohibit

discrimination on the basis of sex. In its ruling the term “transsexual” included transgendered and intersexed individuals. *See* CHRO, Declaratory Ruling on Behalf of John/Jane Doe, November 9, 2000. The CHRO looked to federal sex discrimination precedent. As of this writing, Connecticut state legislature is considering a bill that would add gender identity or expression into Connecticut’s non-discrimination laws.

Some private employers have voluntarily expanded their company policies to explicitly include protections to individuals who identify as transgender or gender non-conforming. Aetna, American Airlines, Apple Computer, AT&T, Avaya, Bank One, Best Buy, Capital One, Eastman Kodak, Hewlett-Packard, IBM, Intel, J.P. Morgan, Lehman Brothers, Lucent Technologies, Metlife, Motorola, The New York Times, Nike, Prudential, and Xerox, have prohibited discrimination in the workplace based on their employees’ gender identity or expression.<sup>1</sup> Trans individuals who experience discrimination while employed at one of these companies should contact that company’s human resources department because the discrimination is NOT supported by its policies.

Regardless of where you work, if you think that you have been discriminated against your first recourse should be to address the discrimination within the company. Follow their policies on how to file a discrimination complaint. If you are unable to resolve the issue within the company you may file with the CHRO. The CHRO has strict timeframes, so it is important to do things as soon as possible. For information on how to file with the CRHOS, please see the section below and appendix B, which outlines which CHRO office you should contact.

## **Hate Crimes**

Connecticut has two kinds of hate crimes laws. The first mandates that the state police track reported hate crimes so that alleged hate crimes incidents are centrally recorded. The second applies a sliding scale of penalties for hate crimes based on their severity. Attacks motivated by a perceived transgendered and gender non-conforming status are included in both sets of laws.

A hate crime is defined as a crime that occurs when one person maliciously, and with specific intent to intimidate or harass another person because of the actual or perceived race, religion, ethnicity or sexual orientation of another person(s), causes physical contact or harm to the other person(s), or damages property. Threatening harm or damage can also be a hate crime if there is reasonable cause to believe it will actually occur.

In 2004, the Connecticut Legislature amended Connecticut’s hate crime law and added disability and “gender identity or expression.” The bill defines “gender identity or expression” as “a person's gender-related identity, appearance or behavior, whether or not

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<sup>1</sup> Human Rights Campaign. State of the Workplace 2003. Available at [http://www.hrc.org/Template.cfm?Section=Transgender\\_101&Template=/ContentManagement/ContentDisplay.cfm&ContentID=18678](http://www.hrc.org/Template.cfm?Section=Transgender_101&Template=/ContentManagement/ContentDisplay.cfm&ContentID=18678)

that gender-related identity, appearance or behavior is different from that traditionally associated with the person's assigned sex at birth.” So that means that a threat or actual crime committed against someone based on their perceived gender identity or expression is a hate crime. Federal hate crimes law, however, does not include perceived sexual orientation or gender identity and expression.

If you feel as though you have may have been the victim of a hate crime, but are not sure, here are some tools to help you make the distinction. From GLAD’s LGBT Rights publication, available at [http://www.glad.org/rights/connecticut\\_lgbt.shtml#harassment/violence](http://www.glad.org/rights/connecticut_lgbt.shtml#harassment/violence):

Trust your gut and report to the police all the details of any possible hate crime. If you leave out the details about bias, the police will have no way of knowing that the crime may be a hate crime. Law enforcement officials tend to use the following as guideposts for determining whether or not a crime is a hate crime.

- Did the attacker use anti-gay or anti-trans language or epithets?
- Was the victim in an area associated with gay or trans people (e.g. outside a gay bar, a cruising area, or a health clinic)?
- Have there been similar crimes in the area?
- Did the attack occur regardless of economic motive (i.e., person attacked but not robbed)?

If you believe you have been a victim of a hate crime and are looking for help or a referral, please call CWEALF’s Information & Referral line at 800-479-2949 or the Connecticut TransAdvocacy Coalition at 860-983-8139.

Note that in a typical hate crimes case, the hate crimes violation may be charged along with another criminal statute (such as assault and battery, or assault and battery with a dangerous weapon, or assault with intent to murder and maim), which may be easier to prove.

## **Marriage and Family Laws**

When Connecticut passed its Civil Union law, an amendment was added which defined marriage as between one man and one woman. It is difficult to determine, however, under what circumstances the state would allow a marriage involving a transgendered person. Judges in states such as Ohio and Texas have decided that it is difficult, and often illegal, for a trans person to marry. A district judge in Florida found that Florida’s marriage laws did not prohibit marriages between post-operative

transgendered individuals and what he perceived to be members of the opposite sex, but this decision was later overruled.<sup>2</sup>

Current marriage law implies that couples in which one or both partners are trans, but did not transition until after their marriage, will still have their union recognized by the state, regardless of surgical and legal status. Under the law, if a marriage is valid at the time of its creation, nothing except death or divorce can end the marriage. However, establishing legal documents like a will and health care proxy will ensure that spousal benefits continue beyond transitioning. Looking for a way to deny one partner coverage, health insurance providers may challenge marriages involving one or more trans people. There has not been a definitive ruling for these cases, but is something our community should be prepared to address.<sup>3</sup>

Trans status may or may not be an issue in child custody hearings. While Connecticut courts have not ruled on whether gender identity can prevent the adoption of children, the Connecticut Legislature has created a law which states that adoption requirements may not unfairly discriminate based on sexual orientation.<sup>4</sup> The standard should be, the best interest of the child.

The Colorado Court of Appeals ruled that transgender parents may not be discriminated against in *Christian v. Randall*, 516 P.2d 132 (Co. Ct. App. 1973), because it found that the mother's transition from female to male did not adversely impact her children. The Montana Supreme Court also found that child custody should not relate to trans identity, although it may have done so because the male to female father promised not to cross dress in front of his son, *Marriage of D.F.D.*, 862 P.2d 368 (Mont. 1993). However, the Nevada Supreme Court denied custody to a transgendered individual and described that person as "selfish" *Daly v. Daly*, 715 P.2d 56 (Nevada 1986). Connecticut courts have not ruled on this issue.

## **Bathrooms**

Connecticut regulations mandate that public facilities and those in which both males and females are employed have separate toilet rooms for each sex, which are clearly marked, "Men" and "Women" at the entrance of the toilet room. A US Federal Court of Appeals ruled in 2002, however, that employers should follow the "Principle of Least Astonishment," meaning that trans and gender non-conforming people should use the restroom that best reflects the way they are presenting. If a co-worker complains, the company is required to find suitable, separate accommodations for the person who complains, rather than forcing the trans or gender non-conforming person to use a different restroom.

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<sup>2</sup> See *Kantaras v. Kantaras* 884 So. 2d 155 (2004).

<sup>3</sup> Shannon Minter, Representing Transsexual Clients: Selected Issues. Available at <http://www.nclrights.org/publications/tgclients.htm>

<sup>4</sup> See C.G.S. Section 45a-726(a).

Choosing the restroom that best corresponds to your presentation is also often the wisest choice when using public accommodations, but each situation must be assessed individually based on the circumstances and your comfort level.

Source: <http://etransgender.com/viewtopic.php?t=34>

## **Name changes, birth certificates, and state-issued identification documents**

### **Changing Your Legal Name**

*The information provided is for informational purposes only. It is not intended to be and should not be construed as legal advice.*

#### **WHO CAN REQUEST A NAME CHANGE?**

Because the Connecticut Supreme Court has determined that name changes should be granted liberally, any adult Connecticut resident who wishes to formally change his or her name may do so, provided that the name change is not for the purpose of fraud or other illicit activity. Connecticut allows anyone, trans or otherwise, to choose whatever name they wish to have as long as it is not adopted for fraudulent purposes. If you are inappropriately denied a request of name change please contact CTAC. This name change is the first step in obtaining further legal documents [state id, drivers license, etc] in your new name. Name changes are most easily handled by Probate Courts. You can find the forms online at the CT Probate Court website, (<http://www.jud.state.ct.us/probate/Default.htm>), or at your local probate court. A listing of Connecticut's probate courts can be found at <http://www.jud.state.ct.us/scripts/prodir1.asp>.

#### **HOW TO APPLY FOR A NAME CHANGE**

*It should be noted that effecting a Change of Name in Connecticut for a Trans person is relatively straightforward*

- Adults complete an Application For Change of Name (Adult), Form PC-901 (<http://www.jud2.state.ct.us/webforms/forms/pc901.pdf>)
- Minors complete Application For Change of Name (Minor), Form PC-900 (<http://www.jud2.state.ct.us/webforms/forms/pc900.pdf>)
- Completed forms are submitted to the local Probate Court, which has the authority to grant name changes (See Appendix C or <http://www.jud.state.ct.us/scripts/prodir1.asp>)
- Currently the Probate Court application fee for a Name Change is \$150, but the court will waive this fee for people who meet certain income requirements

- To request a waiver of fees complete Probate Form PC-184, Request/Order Waiver of Fees – Petitioner. This form is not available online.
- Though a name change request may also be submitted to Superior Court, it is more convenient to use the Probate Court for a name change
- The form does require you to complete a section titled, "A change of name is sought for the following reasons". What you fill in here will depend upon the level of detail you desire to disclose. Responses can be as general as for personal reasons, medical reasons or disclosure that you are in the process of transitioning. The probate process occurs in a relatively informal environment, typically conference room, with only the Probate Judge present
- Your legal birth certificate is required as supporting documentation, but you do not need to bring anything from a therapist or medical professional to change your name. Any such request could be considered discriminatory in the State of Connecticut
- The process for a name change typically takes up to four weeks.

## ABOUT THE PROBATE COURTS

Convenience and efficiency are the hallmarks of the probate court. The majority of uncontested matters are heard within four weeks of the time a person goes downtown or drives to the next town to file the application. In most cases, the probate courtroom will be a conference room in the probate court offices. The atmosphere at the hearing is informal; the judge does not preside from a bench or wear a black robe.

References:

[http://www.glad.org/Publications/CivilRightProject/Transgender\\_Legal\\_Issues.PDF](http://www.glad.org/Publications/CivilRightProject/Transgender_Legal_Issues.PDF)

## Changing Your Driver's License or State ID

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## HOW TO APPLY FOR A CT DRIVERS LICENSE OR STATE ID GENDER CHANGE

Prior to obtaining a change to the gender designation on your ID, you need to have a letter from a health care provider attesting that you are in active treatment and living full time according to the requirements mandated by the HBIQDA Standards of Care. Typically, this is a simple one page letter from a therapist who has "treated" you for Gender Identity Disorder. Many trans folks in Connecticut have had this gender marker change and the Department of Motor Vehicles handles these cases with the same simplicity as most any other changes, provided you have the appropriate supporting documentation noted above. CTAC has assisted a number of individuals with this process and has not encountered any problems. In discussions with the DMV, they have stated that if the letter does not explicitly state you are living full time, they will not make the gender marker change.

- For a Drivers License, complete an Application For Change of Name, Form E-78 (<http://www.ct.gov/dmv/LIB/dmv/20/29/E-78.pdf>)
- For a State ID, if you do not drive, complete an Application For Connecticut Identification Card, Form B-230 (<http://www.ct.gov/dmv/LIB/dmv/20/29/B-230.pdf>)
- It's a little confusing that you'll be using a name change form for the gender marker change on your Driver's License. Don't worry, they will also change the gender marker. If you are pursuing a gender marker change, be sure to note you are transitioning in the "Reason for Change" section. You won't be telling them anything they don't know from the letter, and it will remind the people processing the form to make all the right changes. Though you may be nervous, it might not help to be clear with the DMV employee that you are seeking both the name and gender marker change.
- It is a good idea to bring a friend along, solely for support and someone to either talk to or hold on to while you are traversing the at times long DMV lines. Additionally, do not be alarmed if the DMV employee needs to talk to a supervisor after reviewing the paperwork. In most all times this is a simple confirmation by a relatively new or cautious employee. Just be sure to have ALL original documentation with you and it is imperative that the letter from your therapist state you are living full time in your "adopted" sex and have been diagnosed GID.
- You will need to turn in your old license, so make sure to bring that along when you go to the DMV.

Completed forms are submitted to the local DMV (find yours here: <http://www.ct.gov/dmv/>), which has the authority to Driver License changes or State ID's.

## **Amending Your Birth Certificate**

Connecticut law currently only allows those people who have undergone sex reassignment surgery to amend the sex designation on their birth certificate. It does, however, amend birth certificates without any extra notation. In order to amend your Connecticut birth certificate, you will need to mail the following documents to the Department of Public Health, Vital Records Section:

- An affidavit from the physician who performed the sex reassignment surgery;
- An affidavit from a licensed psychiatrist, psychologist, or social worker, verifying that the you have undergone an evaluation and is of the indicated sex;
- A certified copy of your legal name change if your legal name is different than the name on your birth certificate;
- A photocopy of your driver's license;

- A \$15 fee to purchase the new birth certificate; you can also purchase the new birth certificate for \$5 at the town hall in the town where you were born.

You can mail all the above documents to the following address:

Department of Public Health  
Vital Records Section  
410 Capitol Ave. M.S. #11 VRS  
P.O. Box 340308  
Hartford, CT 06134

## Changing Your Social Security Card

While anyone can change the name on their Social Security card once they have had a legal name change. To change the name on you Social Security card, you will need to:

- Fill out an SS-5 form, available online (<http://www.ssa.gov/online/ss-5.pdf>) and at local Social Security Administration offices (<https://s044a90.ssa.gov/apps6z/FOLO/fo001.jsp>)
- Present proof of your current name in the form of a valid driver's license, state ID, or passport

The Social Security Administration requires gender reassignment surgery to be completed before changing the gender marker on someone's card. If you change your state ID and do not or cannot change your Social Security card, the department of Homeland Security may contact your employer and inform them that there is a discrepancy between their records and your W-2 form, likely informing your employer of your trans status. Anecdotally, however, it is clear that Social Security Administration offices do not always enforce the rule that surgery is required before making gender marker changes on a Social Security card.

For more information on the SSA's "No Match" letters, please see Jerimarie Liesegang's article outlining her own experience, included as appendix C to the resource guide.

## Modifying Your Passport

If it has been less than a year since you received your passport, you can change the name at no charge, though you may have to pay a \$60 fee to expedite the process if you need the passport in less than six weeks. To re-apply for a passport that is less than a year old, send:

- A Re-Application Form DS-5504 (available here: <http://www.state.gov/documents/organization/80142.pdf>)
- Your old passport

- A letter explaining the change that needs to be made and the date by which you need the passport to:

National Passport Processing  
P.O. Box 13290  
Philadelphia, PA 19101-3290

If it has been longer than a year since the State Department issues your passport, then you must renew your passport. Include a certified copy of the legal document that specifies your name change (it cannot be a photocopy) with the usual passport renewal materials to the proper office.

The US Passport Agency requires gender reassignment surgery before changing the gender marker on a passport. If you do not plan to have sex reassignment surgery, you may be able to use a passport with your birth gender and a letter from your doctor that identifies you as transgendered. Include a letter from your doctor with your application for a passport, or for passport renewal, and check the box for your preferred gender on the form you are filling out. The US Passport Agency may call you for clarification before issuing you a passport.

### **Selective Service Requirements to Receive Federal Benefits**

If you are changing your legal status to “male,” and you are 26 years or older, then you will have to provide proof of why you did not register with the Selective Service. Failing to do so will render you ineligible for federal education loans and grants, and several other federal benefits. To avoid these consequences, you need to fill out a “Request for Status Information Letter,” available online (<http://www.sss.gov/PDFs/SILForm.pdf>) or by phone (847-688-6888, TTY: 847-688-2567).

If you are changing your legal status to “male,” and you are between 18 and 25 years old, you may need to register for the Selective Service. If you do not register, you may receive a letter from the Selective Service System threatening a \$250,000 fine if you fail to send in your registration data. In addition to the potential fine and/or jail time, you would also be ineligible for federal education grants and loans.

### **Filing a employment and housing discrimination complaints with the CHRO**

#### **Filing Complaints with the CHRO and EEOC**

If you are employed by a company with fewer than 15 employees but that has at least 3 employees, your legal recourse is governed solely by Connecticut law. If your company has 15 or more employees, you are protected by both state and federal laws. Under both federal and state law, discrimination victims have a right to sue employers in court. As explained earlier, you must first file with the Connecticut Commission on

Human Rights and Opportunities (CHRO), the state agency responsible for enforcing state anti-discrimination laws.

### **Deadlines**

Federal and state complaints, including affidavits, must be filed with the CHRO within 180 days of the discriminatory act, C.G.S. §46a-82(e). Courts have taken different views on when an act of discrimination occurs and thus when the 180-day period begins. In general, the date on which you knew or should have known that you were the victim of discrimination starts this time period. For example, suppose your supervisor tells you on January 1 that you will be fired on February 1. If you believe on January 1 that the decision to fire you is because you refused his unwelcome sexual proposition, the 180 days begins to run on January 1. Thus, you will have 180 days from January 1 to file your complaint with the CHRO.

If your employer has 15 or more employees and you missed the 180 day deadline to file with the CHRO, you can still file a complaint. However you must now file it with the EEOC within 240 days of the discriminatory act. If you do not file within this time period, you will lose your opportunity to sue your employer in federal court.

Because the time limitations for filing a complaint of discrimination are strictly adhered to, if you believe that you have been the victim of sexual harassment, you (or your attorney) should promptly file a complaint with the CHRO, according to the following procedure.

Remember that the deadlines for filing at CHRO, which are discussed below, do not stop even if you have filed an internal complaint or a union grievance. So, if the internal procedure is taking too long, you may have to file with CHRO in order not to miss the CHRO deadline. Legislation that went into effect July 1, 1998, revised the CHRO procedure and amended many of the time requirements. The new legislation applies to cases filed after that date. For cases that are presently pending with the CHRO, the deadlines are slightly different. You should contact the CHRO if you have any questions.

### **No Retaliation**

The law forbids your employer from retaliating against you. ‘Retaliation’ means that your employer penalizes you or further discriminates against you because you have filed a complaint or otherwise opposed a discriminatory employment practice. For example, an employer cannot retaliate against you by changing your work assignment or hours, suddenly giving you a poor work evaluation for no apparent reason, or firing you. If this happens, contact the CHRO and add this to your complaint or file a new complaint.

### **The Filing Process**

To file a complaint, call or visit the nearest office of the CHRO to make an appointment. Appendix B outlines which areas are served by which CHRO regional offices. Be sure that you make your CHRO appointment for a date before the 180-day period as described above.

- Remember that 180 days is not six months.
- When you go to the CHRO office, a complaint officer will interview you. If the complaint officer determines that a state or federal law against discrimination applies in your case, your complaint will be recorded in an affidavit. You must swear to the accuracy of the affidavit and sign it.
- The CHRO is required to provide notice to your employer within 20 days after you file your complaint of discrimination, or after you file an amended complaint. This means that a copy of your complaint will be delivered to your employer to notify it that you have contacted the CHRO, filed a complaint and that the CHRO process has begun.
- After receiving notice, your employer will have 30 days in which to file an answer to your complaint. Your employer can request one 15-day extension of time in which to provide its answer, and the CHRO can grant this request if your employer demonstrates good cause for the extension. If your employer does not answer your complaint after receiving notice, the CHRO can issue a “default judgment” against it. This means that a judgment will be issued against your employer because of their failure to respond to your complaint, P.A. 98-245 §2(a). Otherwise, while seeking a response from the employer, the CHRO may also send your employer a series of written questions and requests for information, known as “Schedule A’s” (which do not require sworn answers) for your employer to answer.
- After your employer has submitted an answer, you will have an opportunity to provide comments on that answer as well as any additional information. If you do provide comments, you must submit them within 15 days of receiving your employer’s answer, Regs. Conn. State Agencies §46a-54-67(b).
- Within 90 days of the filing of your employer’s answer to the complaint, the CHRO will review your file. Your file should include: the complaint, your employer’s answer and responses to the commission’s requests for information, if any, and your comments to the answer. This process is called merit assessment.
- Your case will be dismissed at merit assessment if the CHRO determines that it fails to state a claim for relief, is frivolous on its face, or there is no reasonable possibility that an investigation will result in a finding of reasonable cause. If your complaint is dismissed at this stage, you can submit a request for reconsideration, but you must do so within 15 days of notification of the

dismissal. Within 90 days of the dismissal, the CHRO will reject or grant reconsideration, P.A. 98-245 §2 (b) & (e).

Under the new law, if your case is rejected at this stage, and you request reconsideration, which is also rejected, you are not able to obtain a release and bring your case into court. Your only remedy is to appeal the CHRO decision in Superior Court, under the procedure set out in C.G.S. §4-183. However, if your case is dismissed at this stage, and you do not request reconsideration, you can obtain a release and, within 90 days, you can file your claim in court. P.A. 98-245 §3.

### **The Investigation**

If your complaint passes merit assessment, it will be assigned to an investigator. The investigator may gather information in a variety of ways. The most common method is for the investigator to conduct a fact finding conference. At the fact finding conference, the investigator will interview you, your witnesses, your employer's representatives and other people at your workplace that the investigator determines are relevant to your complaint, including your supervisor and any other witness to the alleged discrimination. The investigator may also request that you and/or your employer bring certain documents to the conference.

Additionally, the investigator can require that your employer answer written questions known as interrogatories that must be answered under oath. The investigator can issue a subpoena, which is a written order that requires people to testify or submit documents requested by the CHRO. An employer is required to provide information requested in interrogatories and to respond to subpoenas. A "default judgment" can be issued against it if it fails to comply with these requests.

During this stage of the investigation, the investigator will also conduct a mandatory mediation session with you and your employer in an attempt to settle the case. If you fail to attend a mandatory mediation without good cause, your complaint could be dismissed. Additionally, your complaint could be dismissed if your employer has eliminated the discriminatory practice, taken steps to prevent the occurrence of such a practice in the future and offered you full relief, such as reinstatement and repayment of your lost wages, even if you refuse that relief.

At the conclusion of the investigation stage, the investigator reaches a finding of either "reasonable cause" or "no reasonable cause." The legislature has defined "reasonable cause" as "a bona fide belief that the material issues of fact are such that a person of ordinary caution, prudence, and judgment could believe the facts alleged in the complaint." P.A. No. 98-245 §2(c).

Before the investigator issues a final decision, both you and your employer will have an opportunity to provide oral or written comments on the investigator's proposed finding. The investigator will consider these comments in making the final decision.

The investigator's finding must be in writing and must be issued no later than 190 days from the date that the merit assessment was completed. (An investigator can request up to two three-month extensions for good cause.) P.A. No. 98-245 §2(d).

### **A Finding of “No Reasonable Cause”**

A finding of “no reasonable cause” means that the investigator did not find enough evidence to support your complaint. If the investigator makes a finding of “no reasonable cause,” she/he must identify, in writing, the facts that the decision is based on. A finding of “no reasonable cause” means that the CHRO has dismissed your complaint. However, you can request reconsideration of the investigator's decision. You must make your request no later than 15 days from the issuance of the decision. The CHRO should make a decision within 90 days of your request. P.A. 98-245 §2(e).

After the commission issues a finding of “no reasonable cause” or rejects a request for reconsideration, you can appeal that determination to Connecticut Superior Court. You must file an appeal within 45 days and follow the procedure outlined in C.G.S. §4-183.

The legislature's recent changes to the CHRO law also revised the procedures for bringing a claim in state court, if you have not yet received a decision by the CHRO.

Under the new law, at any time within 210 days from the date of the filing of your complaint, you and your employer can agree to request a release which allows you to bring your case in CT Superior Court. Additionally, the law provides that, after your case has been pending with the CHRO for 210 days, you, but not your employer, can request a release. (See page on filing a complaint in court.) If you choose to request a release and file your claim in court, you will probably need the assistance of an attorney. CWEALF can refer you to one.

### **A Finding of “Reasonable Cause”**

If the investigator finds “reasonable cause,” you must decide whether to proceed with a hearing at the CHRO or file an action in court. If you decide to stay at the CHRO, the investigator must try to resolve your complaint and eliminate the discriminatory practice. They must do so within 50 days of issuing the “reasonable cause” finding. P.A. 98-245 §2(f). This process is called conciliation. Some of the remedies discussed may include returning you to your job, awarding you back pay or advancing you to a new position. If the investigator cannot resolve your complaint by conciliation, the CHRO will proceed with a public hearing.

Under the new law, if your complaint is still pending at the CHRO more than two years after the date that you filed it, and the investigator has not issued a finding of “reasonable cause” or “no reasonable cause,” you or your employer can petition the Superior Court for an order that would require the CHRO to issue a decision within a certain time period. P.A. 98-245 §8 (d)(1).

## **The Public Hearing Process**

If the investigator is unable to resolve the complaint within 50 days of the finding of “reasonable cause,” he/she must, within 10 days, certify the complaint and the results of the investigation. P.A. 98-245 §4 (a). Your case will now proceed to a public hearing. A hearing conference must be held within 45 days of the certification of the complaint. P.A. 98-245 §4(b). The CHRO will choose a hearing officer and will hold a court-like proceeding. Your employer will be required to submit a new answer to the complaint, and can be defaulted for failure to file such an answer. P.A. 98-245 §4(f).

The hearing will be a de novo review of the evidence, which means that the hearing officer will review all of the evidence and you will have to prove your case again. Since the CHRO has determined that there is cause for your complaint, your case will be presented by an attorney from the CHRO.

You do not need to hire an attorney for a public hearing. If you wish to have a private attorney to advise you, you will have to hire your own attorney. Again, CWEALF can refer you to an attorney.

The hearing officer will review the evidence and issue a written decision containing findings of fact, conclusions of law and an appropriate order. If the hearing officer finds that the evidence does not support your complaint of discrimination, then he or she will order a dismissal of your complaint. If the hearing officer finds that the evidence supports your complaint, he or she will order your employer to end the discriminatory practices. The order may include an award of appropriate relief, such as reinstatement and back pay. However, Connecticut law presently does not allow for awards of attorneys fees or damages for emotional distress. See *Bridgeport Hosp. v. Commission on Human Rights and Opportunities*, 232 Conn. 91, 653 A.2d 782 (1995).

If you are dissatisfied with the final decision of the hearing officer, you may appeal the decision in Superior Court in accordance with C.G.S. §4-183. You will need to consult an attorney in order to bring an appeal.

## **Housing Discrimination**

If you feel as though you have experienced discrimination in housing, you can file a formalized, notarized complaint with the CHRO Fair Housing Unit. The following instructions are from the CHRO’s website, and can be found online at <http://www.ct.gov/chro/cwp/view.asp?a=2524&Q=316274>.

If you feel that you are being treated unfairly, you may want to take the following steps:

- Call CHRO Fair Housing Unit  
21 Grand Street, Hartford, CT 06106  
Toll free in CT (800) 477-5737 ext. 3403 or

(860) 541- 3403, or  
(860) 541-3459 TDD for the hearing impaired.

- A formal, notarized complaint must be filed no later than 180 days after an alleged violation, but you should file as soon as possible to protect your rights.
- Keep a record of any meetings and phone calls with the landlord, property manager, real estate agent, or loan officer. Include the person's name, title (if you know it) the meeting place, date and time.
- Write down what happened and what was said and save all receipts, applications, business cards or other documents received during your meeting(s).
- Report acts which may involve a criminal violation (such as sexual harassment or threats and acts of violence) to your local Police Department.
- Contact the U.S. Department of Housing and Urban Development (HUD)  
1-800-827-5005,  
(617) 565-5308  
1-617-565-5453 TTY  
<http://www.hud.gov/complaints/housediscrim.cfm>
- Contact your local fair housing agency.

If you need immediate help to stop a serious problem (such as a landlord/agent has started an eviction action against you), CHRO may be able to assist you as soon as you file a complaint. CHRO may go to court to seek temporary or preliminary relief, before your complaint is fully resolved through the complaint process if:

- Irreparable harm is likely to occur without such intervention,
- There is substantial evidence that a violation of Fair Housing Law has occurred.

## **Trans friendly and trans affirmative medical providers**

Our directory of providers was compiled from two separate lists. The first is a trans-friendly provider list that was finalized by the Hartford Gay and Lesbian Health Collective (HGLHC) and Connecticut TransAdvocacy Coalition (CTAC) in November of 2005. The second list was an online survey sent to the members of the Connecticut Psychological Association (CPA). People responded any time between May of 2006 and February of 2007.

We have not met or had any sort of interaction with the vast majority of the providers included in the list. Though they have varying levels of experience working in the trans community, each one has self-identified as trans-friendly, and, at the very least, willing to work with our community. Where available, we have included the number of trans clients a provider has reported seeing, what insurance they take, and any other relevant information. Because the information we are presenting was not collected in a uniform manner, we do not have the information we would like to have for everyone.

We have not confirmed any of the information that has been reported to us, and cannot be held responsible for any information included herein. Individual providers may have left practice or altered their practice, members named as contact persons may have left organisations or assumed different roles, and contact information may have changed. We assume no responsibility for such changes. A listing here does not imply that any provider will be available to provide certain or specific services to a particular person at any given time; in their professional judgment and discretion, providers may be unable to take new clients or serve a particular client's needs.

That said, there are several sections to the medical portion of this resource guide. The first section suggests how to go about selecting a provider. This portion of the guide is from the Transgender Health Program in Vancouver, British Columbia, Canada. The Transgender Health Program guide, including lots of other great resources is available online at <http://www.vch.ca/transhealth/resources/directory/index.html>. This section provides lots of great questions for you to ask yourself, and also ask your provider, before you go in for your first visit. It also makes an important point: if, for whatever reason, you are dissatisfied with the care you have received from anyone on your list, it is your right to go elsewhere.

The next portion presents the set of providers we have generated, as described above. The providers are listed separately by region, and by specialty. Their full contact information, along with insurance and experience information when available, is listed in the directory.

If you have any experiences you would like to share with us with one of the providers on this list, or, for whatever reason, would like to talk with someone more about the medical care you have received, contact CTAC at 860-983-8139 or [info@transadvocacy.com](mailto:info@transadvocacy.com), or HGLHC at 860-278-4163 or [info@hglhc.org](mailto:info@hglhc.org).

## How Do I Pick Who to See?

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Sometimes we have choices about who to seek services from, and sometimes we don't. The degree of choice we have often depends on what we can afford, what language the services are offered in, how easy it is to get from where we live or work to the location of the service, how confident we are that a service will be respectful of our cultural heritage, and other issues relating to accessibility. Our choices are also affected by the bureaucratic restrictions of different systems of health and social care.

The listings in this guide give some ideas of service providers that have expressed an interest in working with us. That does not necessarily mean all (or any!) of these listees will have an approach that works for you. When you have a choice about who to go to, there are many things you can do to try and find someone who fits what you are looking for.

Before choosing a service provider, you might want to consider:

- What qualities am I looking for in a service provider? One way to think about this is to think about experiences you've had that have been positive as well as those that have been negative. What did the service provider do or say that made it so positive/negative?
- What are my expectations? Consider whether you're looking for something immediate, short-term, or long-term. It is also helpful to consider whether you're looking for a service just for your own needs, or also to satisfy a bureaucratic requirement (e.g., psychiatric assessment to get approval for hormones or surgery).
- What can I afford? Do you have any kind of medical coverage — State, extended health benefits through work, or private insurance — that could help pay for some or all of a service?
- What have other people's experiences been? If you know other trans people or family members, ask them if there is anyone they would recommend or if there is anyone they had negative experiences with.

Do I want another perspective? Sometimes it is difficult to make decisions when you are in a crisis. It can be helpful to ask friends, family, peers, or other professionals to help you sort out what your options are and determine what would help you to make a decision.

## **Asking the right questions to find the right provider**

Even among service providers who charge fees, many people will provide a free initial interview or consultation by phone or in person. This gives you a chance to ask the service provider questions about their experience, expertise, and attitudes relating to trans issues, as well as find out more about the practical logistics such as fees and waitlist for services.

The types of questions you ask depend on your personal preferences and needs. When we asked participants in our community focus groups what they would need to know about a service provider to feel confident and comfortable about going to them, responses included:

### **Logistics & Policies**

- What kinds of resources, services, or programs do you offer?
- Are you open to everyone, or are there limits on who is eligible for your services?
- Do I need to get a referral from another service provider to see you? Do you have an intake process?
- How long is your waiting list?
- What are your fees? Do you have a sliding scale? Are any of your fees covered by government health plans or insurance?
- Are there stairs into your office? Is the bathroom wheelchair accessible?
- What are the limits of your services and powers? What can/can't you do? Are you in a position where your assessment of me will determine my access to other services?
- How much privacy do I have in accessing your services? If people see me walk into your office, will they know I'm \_\_\_ (HIV+, gay/lesbian, a person with a mental illness, etc.), or do you see people for all sorts of reasons?
- Who are you accountable to? What level of responsibility will your agency take for an individual staff/volunteer's actions?
- What are your policies or standards around working with trans people and their family members?

### **Training & Experience**

- What is your background and training? What kinds of education and experience do you have?
- Have you ever worked with trans people or their family members? Have you worked specifically with \_\_\_ (Two Spirit people, trans people of colour, MTFs, FTMs, intersex people, transsexuals, crossdressers, etc.)?
- Have you had any training or participated in professional development sessions? Is there a specific person at your agency who has experience with trans issues?

- Are you familiar with the language used to talk about gender issues and sexual orientation?
- What kinds of expertise do you have that you think I might find useful?
- Do you know how to find other resources?

### **Attitudes & Sensitivity**

- What approach do you take to health care? Are you open to complementary therapies?
- What is your approach to gender and to gender diversity? Do you perceive transgenderism as a mental illness?
- What is your approach to physiological diversity? Do you perceive intersexuality or disabilities as physical abnormalities?
- How do you think gender oppression and other types of social justice/equity issues play a role in affecting people's health and well-being?
- Do you act as an advocate for your clients if they are having difficulty with other service providers?
- How would you deal with examining a gendered body part (e.g., breasts)?
- How comfortable are you with talking explicitly about gender issues? How comfortable are you being around trans people or dealing with our bodies?
- How do you show that you value diversity and honour the client's perspective?
- How do you deal with it when clients bring up concerns? How do you deal with conflict that occurs in working with a client?

### **Provider Directories**

In looking at the list of providers we've compiled, we decided to be more inclusive of people with varying levels of experience in our community to allow a broader geographical spread of providers who have self-identified as wanting to work with trans people.

Among the mental health providers listed, some specified their sub-specialty or methodology, and some did not. When a provider did not give us information on their approach or therapeutic technique, we filled their specialty in as "therapist." We'd like to encourage you to ask your potential provider some of the above questions before going in for your first visit to see if they're a good fit for you.

The first list displays each provider's name and specialty by town. The second organizes the providers by specialty, listing their name and town. Lastly, there is a full listing, by name, of all the information we have on each of the providers. Organizing our lists this way is meant to help you sort through our lists to find what you are looking for. For example, if you are looking for resources in Glastonbury, CT, look at the listings for Glastonbury in the first list, then consult the third for more information on each provider. If you are looking for an endocrinologist, you can look at the listing of endocrinologists in the second list, and then find each one by name in the third to get more information.

## **Providers by town (alphabetical) and specialty**

### **Albany, NY**

Moonhawk River Stone, Therapy, M.S., LMHC, Albany, NY

### **Bethany, CT**

Jane Lobdell, Therapist, L.M.F.T., Bethany

### **Bloomfield, CT**

Jonathan S. Schreiber, Plastic Surgeon, electrolysis, MD, FACS, Bloomfield

### **Branford, CT**

Andrea A. DeBoer, Therapist, L.M.F.T.MS Counseling & CEAP, Branford  
Ellen Fields, Therapist, L.M.F.T.Certified Gestalt Therapist, Branford  
Dr. Ljiljana Plisic, Gynecology, MD, Branford

### **Bridgeport, CT**

Michael Doyle, Therapist, M.D., Bridgeport

### **Brookfield, CT**

Shona Curtis, Therapist, L.C.S.W., Brookfield

### **Burlington, VT**

Jill M. Hanson, Therapist, L.M.F.T., PsyD, Burlington

### **Cheshire, CT**

Diana Fox, Therapist, Psy.D., Cheshire  
Ron Hekeler, Social Worker, Cheshire  
Stephen D. Sarfaty, Therapist, Psy.D., Cheshire

### **Colchester, CT**

Jana Noyes, Therapist, L.M.F.T., Colchester

### **Danbury, CT**

Michael Johnson, Psychologist, PhD, Danbury  
Nancy Millian Millian, Therapist, Psy.D., Danbury

Vincent J. Franco, Therapy, Psy.D.ABPP Clinical, Danbury

**Danielson, CT**

Bev Allen, LCSW Allen, Therapist, M.S.W.L.C.S.W., Danielson

**East Hartford, CT**

Kate Calvin, Therapy, L.C.S.W., East Hartford

**East Windsor, CT**

Tina La Porta, Therapist, LPC, LACD, MFT,MA, East Windsor

**Enfield, CT**

Jessica Fancher, Therapist, M.S.W., Enfield  
Erika Kraselsky, Therapist, MS, MFT, Enfield  
Matthew Waugh, Therapist, L.M.F.T., Enfield

**Fairfield, CT**

Joan Franklin, Therapist, Psy.D., Fairfield  
Rhonda Loft, Therapist, L.M.F.T., Fairfield

**Farmington, CT**

Gregory Banks, Therapist, MA, LPC, NCC, Farmington  
Pamela Campbell, Therapist, L.M.F.T., Farmington  
CT Anxiety and Depression Treatment Center, 3 Physicians, MD, Farmington  
Stanton Honig, Urologist/SRS, MD, Farmington

**Glastonbury, CT**

Dr. Kenneth Abriola, Internal medicine, MD, Glastonbury  
Dr. Allen Clark, Psychologist, PhD, Glastonbury  
Counseling Affiliates, Group of 7, all have specialties, Glastonbury  
Kathleen Garnet, Therapist, Glastonbury  
Ilene Gruenberg, Therapist, PhD, Glastonbury  
Sandra Hartdagen, Therapist, , Glastonbury  
Dr. Michael A. Nelken, Psychiatrist, MD, Glastonbury  
Judy Robbins, Prof. Counselor, PhD, Glastonbury  
Lois Sigman-Young, Therapy, M.S.W.LADC, Glastonbury  
Stephen D. Sarfaty, Therapist, Psy.D., Glastonbury

**Greenwich, CT**

Michele Grethel, Psychotherapist, LCSW, Greenwich  
Marsha Glazer, Therapist, L.M.F.T., Greenwich

**Groton, CT**

Steven D. Goldberg, Therapist, L.M.F.T., Groton

**Hamden, CT**

Susan Nathiel, Therapist, L.M.F.T., Hamden

**Hartford, CT**

Stephen D. Sarfaty, Therapist, Psy.D., Hartford  
Dr. David Domenichini, Endocrinologist, MD, Hartford  
Nancy Eiswirth, Therapist, Hartford  
Elaine Knowlden, Therapist, MSW, LCSW, Hartford  
Dr. Paul Labinson, Endocrinologist, MD, Hartford  
Leslie Lothstein, Therapy, Hartford  
Carole MacKenzie, Therapist, LCSW, Hartford  
Yvonne Miceli, Therapy, L.M.F.T., Hartford  
Dr. Robert Oberstein, Endocrinologist, MD, Hartford  
Barbara L. Rosen, Therapist, L.C.S.W., Hartford  
Dana Shagan, Therapy, Psy.D., Hartford  
Elizabeth Vitale, Therapist, Psy.D., Hartford

**Mansfield, CT**

Cathy Bochain, Pharmacist, Mansfield  
Christina E. Moore, Therapist, Psy.D., Mansfield

**Meriden, CT**

Michael D. Abramowitz, Therapist, L.M.F.T., Meriden

**Middletown, CT**

Jeanne Allison, Therapist, L.C.S.W., Middletown  
Ginger Blume, PhD, Middletown  
Jennifer D'Andrea, Therapy, Middletown  
Russ Harrington, Therapist, LCSW, Middletown  
Virginia Houghtaling, Therapist, LCSW, Middletown  
Yetta Lautensehlager, Therapist, MSW, Middletown  
Joan Offner, Social Worker, Middletown  
Ashok Parekh, Therapist, MD, Middletown

Robert Reynolds, Therapist, PhD, Middletown  
Deena Robbins, Therapist, PhD, Middletown  
Alice Schumacher, Therapist, LCSW, Middletown  
Eileen Shekosky, Therapist, LCSW, Middletown  
Sandra Streifender, Therapist, LPC, Middletown  
Paul Torop, MD, Middletown  
Shelby Warner, Therapist, LCSW, Middletown  
Candice Weigle-Spier, PsyD, Middletown

**Milford, CT**

Arlene N. Lacerenza, Therapist, L.M.F.T., Milford  
Denise Parent, Therapist, L.M.F.T., Milford

**Mystic, CT**

Linda Doran, A.P.R.N., Mystic  
Jana Noyes, Therapist, L.M.F.T., Mystic

**New Britain, CT**

Sharon Clayman, Therapy, Psy.D., New Britain  
Debora A. Kustron Kustron, Therapist, Psy.D., New Britain  
Maryellen Leigh, Therapist, M.S.W.L.C.S.W., New Britain

**New Haven, CT**

Robina Altbrant, Therapy, M.S.W., L.C.S.W., M.P.H., New Haven  
Amy S. Cheng, Therapist, New Haven  
Rosemarie Coratola, Therapist, L.M.F.T., New Haven  
George H. Davis, Therapy, New Haven  
Donna H. DiCello, Therapist, Psy.D., New Haven  
Joe Fitzgerald, Therapist, LCSW, New Haven  
Mark Gaynor, Therapist, L.C.S.W., New Haven  
Binnie C. Klein, Therapist, M.S.W., New Haven  
Irwin Krieger, Therapist, M.S.W., New Haven  
Corrie Morse, Therapy, M.S.W., New Haven  
Ellen Nasper, Therapist, New Haven  
Jessica Pollard, Therapist, New Haven  
April Reiss, Social Worker, New Haven  
Jody L. Rowell, Therapy, MSSW, New Haven  
David C Tate, Therapist, New Haven  
Alice Forrester, Therapist, New Haven,

**Newington, CT**

Richard Stillson, Psychologist, PhD, Newington

**Newton, CT**

Lennie Forest Kleinberg, Therapy, Ed.D., Newton

**North Branford, CT**

Annita Sawyer Sawyer, Therapist, North Branford

**Norwalk, CT**

Brian Schwartz, Therapy, Norwalk

D. Milton Stokes, Therapist, MPH, RD, CDN, Norwalk

Erik Derouin, Therapy, L.C.S.W., Norwalk

**Old Wethersfield, CT**

Liz Yorke, Therapy, Certified Hypnotist, Interdisciplinary PhD in Women's Studies and psychoanalysis, Old Wethersfield

**Pawcatuck, CT**

Dr. Rocco Russo, General practitioner, MD, Pawcatuck

**Plainville, CT**

Peter Papallo, Therapist, L.C.S.W., Plainville

Dr. William Arthur Petit, Endocrinologist, MD, Plainville

**Rockville, CT**

Dr. Fadi Al-Khayer, Endocrinology, MD, Rockville

**Rocky Hill, CT**

Joan Day, Therapist, L.M.F.T., Rocky Hill

**Simsbury, CT**

Sarah J. Gamble, Therapist, Simsbury

**South Windsor, CT**

Ramona Singleton, Therapist, MS, LMFT, South Windsor

Carol Therrien, Therapist, L.M.F.T., South Windsor

**Stamford, CT**

Jeff Cohen, Therapist, Stamford  
William Horn, Therapy, Stamford  
June Meyer Meyer, Therapist, LPC, Stamford  
Erik Derouin, Therapy, L.C.S.W., Stamford  
Betty Rich, Therapy, Stamford

**Stratford, CT**

Laura L. Gates, Therapist, L.M.F.T.L.C.S.W., Stratford

**Tolland, CT**

Kathleen L. Hayes Hayes, Therapist, M.S.W.L.C.S.W., Tolland

**Vernon, CT**

Robin Hoburg, Licensed Psychologist, PhD, Vernon

**Waterbury, CT**

Alfred J. Joyell, Psychotherapy, PhD, Waterbury

**Waterford, CT**

Sam Schaperow, Therapist, L.M.F.T.M.S., Waterford  
Tracy Colsen Schaperow, Therapist, Psy.D., Waterford  
Joan Ventrilio, Therapist, L.M.F.T.M.A., Waterford

**West Cornwall, CT**

Wendy Shami, LCSW Shami, Therapist, L.C.S.W., West Cornwall

**West Hartford, CT**

Robert P. Belliveau, Licensed Social Worker, MSW, West Hartford  
Carol Bozena, Therapist, L.C.S.W., West Hartford  
Bob Deutsch, Therapy, West Hartford  
Landy Gobes, Therapist, M.S.W., West Hartford  
Amy Karnilowicz, Therapist, L.M.F.T., West Hartford  
Evelyn Diane Kirkman, Therapist, L.C.S.W., West Hartford  
Kathy McCloskey, Therapist, Psy.D., West Hartford  
Jo Nol, Therapist, L.C.S.W., West Hartford  
Laura Renfro, Therapist, L.M.F.T., West Hartford

Elliott Strick, Therapy, L.M.F.T., West Hartford  
Dale James Wallington, Psychiatrist, MD, West Hartford  
Char Wilkins, Therapist, L.C.S.W., West Hartford

**West Haven, CT**

Dr. Ilja Hulinsky, Endocrinologist, MD, PhD, West Haven

**Westbrook, CT**

Jonathan Dean, Therapy, M.S., MFT, Westbrook

**Westport, CT**

Mark Beitel, Therapy, Westport  
Dr. Ilja Hulinsky, Endocrinologist, MD, PhD, Westport  
Robert Selverstone, Therapist, Westport  
J. Randolph Burham, Therapy, Westport

**Wethersfield, CT**

Mark O'Malley, Chiropractic Physician, , Wethersfield  
Dr. Laura Saunders, Licensed Psychologist, PhD, Wethersfield

**Willimantic, CT**

Dr. Scott Berger, Internal medicine, MD, Willimantic

**Windsor, CT**

Heath H. Hightower, Therapy, M.S.W.L.C.S.W., Windsor  
Patricia James, Therapy, L.C.S.W., Windsor  
Pamela M. Taylor, Therapist, Psy.D., Windsor

**Woodbridge, CT**

Lois Spivack, Psychotherapy, PhD, Woodbridge

**Provider listed by specialty****Chiropractor**

Mark O'Malley, Chiropractic Physician, Wethersfield

**Endocrinology**

Dr. Fadi Al-Khayer, MD, Endocrinology, Rockville  
Dr. David Domenichini, MD, Endocrinologist, Hartford  
Dr. Paul Labinson, MD, Endocrinologist, Hartford  
Dr. Robert Oberstein, MD, Endocrinologist, Hartford  
Dr. William Arthur Petit, MD, Endocrinologist, Plainville  
Dr. Ilja Hulinsky, MD, PhD, Endocrinologist, West Haven  
Dr. Ilja Hulinsky, MD, PhD, Endocrinologist, Westport

**Surgery**

Jonathan S. Schreiber, MD, FACS, Plastic Surgeon, Bloomfield  
Stanton Honig, MD, Urologist/SRS, Farmington

**Gynecology**

Dr. Ljiljana Plisic, Gynecologist, MD, Branford

**Mental Health***Psychologists/psychiatrists/psychotherapists*

Michael Johnson, PhD, Psychologist, Danbury  
Dr. Allen Clark, PhD, Psychologist, Glastonbury  
Dr. Michael A. Nelken, MD, Psychiatrist, Glastonbury  
Michele Grethel, LCSW, Psychotherapist, Greenwich  
Alfred J. Joyell, PhD, Psychotherapy, Waterbury  
Robin Hoburg, PhD, Licensed Psychologist, Vernon  
Dale James Wallington, Psychiatrist, MD, West Hartford  
Dr. Laura Saunders, PhD, Licensed Psychologist, Wethersfield  
Robert P. Belliveau, MSW, Licensed Social Worker, West Hartford  
Linda Doran, A.P.R.N., Psychotherapist, Mystic  
Richard Stillson, Psychologist, PhD, Newington  
Lois Spivack, Psychotherapy, PhD, Woodbridge

*Social workers*

Ron Hekeler, Social Worker, Cheshire  
Joan Offner, Social Worker, Middletown

April Reiss, Social Worker, New Haven

*Therapists/therapy providers*

Judy Robbins, PhD, Counseling, Glastonbury  
Jane Lobdell, L.M.F.T., Therapist, Bethany  
Andrea A. DeBoer, L.M.F.T.MS Counseling & CEAP, Therapist, Branford  
Ellen Fields, L.M.F.T.Certified Gestalt Therapist, Therapist, Branford  
Michael Doyle, M.D., Therapist, Bridgeport  
Shona Curtis, L.C.S.W., Therapist, Brookfield  
Jill M. Hanson, L.M.F.T. soon to be PsyD, Therapist, Burlington  
Diana Fox, Psy.D., Therapist, Cheshire  
Stephen D. Sarfaty, Psy.D., Therapist, Cheshire-Hartford-Glastonbury  
Nancy Millian, Psy.D., Therapist, Danbury  
Bev Allen, M.S.W.L.C.S.W., Therapist, Danielson  
Hope Wisneski, L.C.S.W., Therapist, Denver  
Tina La Porta, LPC, LACD, MFT,MA, Therapist, East Windsor  
Jessica Fancher, M.S.W., Therapist, Enfield  
Erika Kraselsky, MS, MFT, Therapist, Enfield  
Matthew Waugh, L.M.F.T., Therapist, Enfield  
Joan Franklin, Psy.D., Therapist, Fairfield  
Rhonda Loft, L.M.F.T., Therapist, Fairfield  
Pamela Campbell, L.M.F.T., Therapist, Farmington  
Grebory Banks, MA, LPC, NCC, Therapist, Farmington  
Kathleen Garnet, , Therapist, Glastonbury  
Ilene Gruenberg, PhD, Therapist, Glastonbury  
Sandra Hartdagen, , Therapist, Glastonbury  
Marsha Glazer, L.M.F.T., Therapist, greenwich, CT  
Steven D. Goldberg, L.M.F.T., Therapist, Groton  
Susan Nathiel, L.M.F.T., Therapist, Hamden  
Nancy Eiswirth, Therapist, Hartford  
Elaine Knowlden, Therapist, MSW, LCSW, Hartford  
Carole MacKenzie, LCSW, Therapist, Hartford  
Barbara L. Rosen, L.C.S.W., Therapist, Hartford  
Elizabeth Vitale, Psy.D., Therapist, Hartford  
Christina E. Moore, Psy.D., Therapist, Mansfield  
Michael D. Abramowitz, L.M.F.T., Therapist, Meriden  
Jeanne Allison, L.C.S.W., Therapist, Middletown  
Ginger Blume, PhD, Therapist, Middletown  
Russ Harrington, LCSW, Therapist, Middletown  
Virginia Houghtaling, LCSW, Therapist, Middletown  
Yetta Lautensehlager, MSW, Therapist, Middletown  
Ashok Parekh, MD, Therapist, Middletown  
Robert Reynolds, PhD, Therapist, Middletown  
Deena Robbins, PhD, therapist, Middletown  
Alice Schumacher, LCSW, Therapist, Middletown

Eileen Shekosky, LCSW, Therapist, Middletown  
Sandra Streifender, LPC, Therapist, Middletown  
Paul Torop, MD, Therapist, Middletown  
Shelby Warner, LCSW, Therapist, Middletown  
Candice Weigle-Spier, PsyD, Therapist, Middletown  
Arlene N. Lacerenza, L.M.F.T., Therapist, Milford  
Denise Parent, L.M.F.T., Therapist, Milford  
Jana Noyes, L.M.F.T., Therapist, Mystic / Colchester  
Debora A. Kustron, Psy.D., Therapist, New Britain  
Maryellen Leigh, M.S.W.L.C.S.W., Therapist, New Britain  
Amy S. Cheng, , Therapist, New Haven  
Rosemarie Coratola, L.M.F.T., Therapist, New Haven  
George H. Davuis, , Therapist, New Haven  
Donna H. DiCello, Psy.D., Therapist, New Haven  
Joe Fitzgerald, LCSW, Therapist, New Haven  
Mark Gaynor, L.C.S.W., Therapist, New Haven  
Binnie C. Klein, M.S.W., Therapist, New Haven  
Irwin Krieger, M.S.W., L.C.S.W., Therapist, New Haven  
Ellen Nasper, Therapist, New Haven  
Jessica Pollard, Therapist, New Haven  
David C. Tate, Therapist, New Haven  
Alice Forrester, Therapist, New Haven,  
Annita Sawyer, Therapist, North Branford  
D. Milton Stokes, MPH, RD, CDN, Therapist, Norwalk  
Peter Papallo, L.C.S.W., Therapist, Plainville  
Joan Day, L.M.F.T., Therapist, Rocky Hill  
Sarah J. Gamble, Therapist, Simsbury  
Ramona Singleton, MS, LMFT, Therapist, South Windsor  
Carol Therrien, L.M.F.T., Therapist, South Windsor  
Jeff Cohen, Therapist, Stamford  
June Meyer, LPC, Therapist, Stamford  
Laura L. Gates, L.M.F.T.L.C.S.W., Therapist, Stratford  
Jennifer O'Neill, Psy.D., Therapist, TBD  
Kathleen L. Hayes, M.S.W.L.C.S.W., Therapist, Tolland  
Sam Schaperow, L.M.F.T.M.S., Therapist, Waterford  
Tracy Colsen Schaperow, Psy.D., Therapist, Waterford  
Joan Ventrilio, L.M.F.T.M.A., Therapist, Waterford  
Wendy Shami, L.C.S.W., Therapist, West Cornwall  
Carol Bozena, L.C.S.W., Therapist, West Hartford  
Landy Gobes, M.S.W., Therapist, West Hartford  
Amy Karnilowicz, L.M.F.T., Therapist, West Hartford  
Evelyn Diane Kirkman, L.C.S.W., Therapist, West Hartford  
Kathy McCloskey, Psy.D., Therapist, West Hartford  
Jo Nol, L.C.S.W., Therapist, West Hartford  
Laura Renfro, L.M.F.T., Therapist, West Hartford  
Elliott Strick, MA, LMFT, Therapist, West Hartford

Char Wilkins, L.C.S.W., Therapist, West Hartford  
Robert Selverstone, Therapist, Westport  
Pamela M Taylor, Psy.D., Therapist, Windsor  
Moonhawk River Stone, M.S., LMHC, Therapy, Albany  
Stephen Sarfaty, Psy.D., Therapy, cheshire  
Vincent J. Franco, Psy.D.ABPP Clinical, Therapy, Danbury  
Kate Calvin, L.C.S.W., Therapy, East Hartford  
Counseling Affiliates, Therapy, Glastonbury  
Lois Sigman-Young, M.S.W.LADC, Therapy, Glastonbury  
Leslie Lothstein, Therapy, Hartford  
Yvonne Miceli, L.M.F.T., Therapy, Hartford  
Dana Shagan, Psy.D., Therapy, Hartford  
Jennifer D'Andrea, Therapy, Middletown  
Sharon Clayman, Psy.D., Therapy, New Britain  
Robina Altbrant, M.S.W.L.C.S.W.M.P.H., Therapy, New Haven  
George H. Davis, Therapy, New Haven  
Corrie Morse, M.S.W., Therapy, New Haven  
Jody L. Rowell, MSSW, Therapy, New Haven  
Lennie Forest Kleinberg, Ed.D., Therapy, Newton  
Brian Schwartz, Therapy, Norwalk  
Erik Derouin, L.C.S.W., Therapy, Norwalk / Stamford  
Liz Yorke, Certified Hypnotist . Interdisciplinary PhD in Women's Studies and psychoanalysis, Therapy, Old Wethersfield  
William Horn, Therapy, Stamford  
Betty Rich, Therapy, Stamford  
Bob Deutsch, Therapy, West Hartford  
Elliott Strick, L.M.F.T., Therapy, West Hartford  
Jonathan Dean, M.S., MFT, Therapy, Westbrook  
J. Randolph Burham, Therapy, Westport  
Mark Beitel, Therapy, Westport  
Heath H. Hightower, M.S.W.L.C.S.W., Therapy, Windsor  
Patricia James, L.C.S.W., Therapy, Windsor

### **Primary care**

Dr. Kenneth P. Abriola, MD, Glastonbury  
Dr. Rocco Russo, General practitioner, MD, Pawcatuck  
Dr. Scott Berger, Internal medicine, MD, Willimantic

### **Pharmacist**

Cathy Bochain, Pharmacist, Mansfield

**Alphabetical directory of service providers**

Michael D. Abramowitz

Therapist, L.M.F.T.

Catholic Charities

Catholic Charities 61 Colony St.

Meriden, CT 06451

Phone: 203-235-2507

Insurance: Need to call office to see if we accept client's insurance. Also, sliding scale fee if paying out of pocket.

State: Husky, Medicare, Medicaid, SAGA, Title 19

Sliding scale? Yes

Number of trans clients: 0-1 clients

Number of FtM clients: 0-1 clients

Number of MtF clients: 0-1 clients

Experience with HRT/SRS letters FTM: 0/0

Experience with HRT/SRS letters MTF: 0/0

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Dr. Kenneth Abriola

General practitioner, MD

300 Hebron Ave, Ste 113

Glastonbury, CT 06033

Phone: (860) 657-0764

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Dr. Fadi Al-Khayer

Endocrinology, MD

ECHN

145 Union Street

Rockville, CT 06066-3025

Phone: (860) 568-7212

Insurance: Yes

State: Yes

Experience with HRT/SRS letters FTM: /0

Experience with HRT/SRS letters MTF: /0

Referral required? Yes

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Bev Allen

Therapist, M.S.W., L.C.S.W.

645A North Main St

Danielson, Ct 06249

Phone: 860-779-2122

Insurance: Aetna, Anthem BC/BS, Cigna, ConnectiCare, Oxford, United Healthcare

State: Medicare  
Sliding scale? No  
Number of trans clients: 0-1 clients  
Number of FtM clients: 0-1 clients  
Number of MtF clients: 0-1 clients  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: 0/0  
Languages spoken: Yes

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Jeanne Allison  
Therapist, L.C.S.W.  
769 Newfield St, Suite One  
Middletown, CT 06457  
Phone: 860 346-1623  
Insurance: Anthem BC/BS  
State: Husky  
Sliding scale? No  
Number of trans clients: 0-1 clients  
Number of FtM clients: 0-1 clients  
Number of MtF clients: 0-1 clients  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: 0/0  
Languages spoken: Yes

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Robina Altbrant  
Therapy, M.S.W., L.C.S.W., M.P.H.  
357 Whitney Avenue, Room 105  
New Haven, CT 06511  
Phone: 203 640-6564  
Insurance: Aetna, Anthem BC/BS, Cigna ConnectiCare, United Healthcare, out of network-may negotiate deductible  
State: Medicare  
Sliding scale? Yes  
Number of trans clients: 2-5 clients  
Number of FtM clients: 2-5 clients  
Number of MtF clients: 2-5 clients  
Experience with HRT/SRS letters FTM: Yes/0  
Experience with HRT/SRS letters MTF: Yes/0

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Gregory Banks  
Therapist, MA, LPC, NCC  
Office: 318 Main Street  
Farmington, CT  
Postal: 222 Main Street PMB #105

Farmington, CT 06032-2959  
Phone: (860) 841-6574  
Email: [Office@GBanksCounseling.com](mailto:Office@GBanksCounseling.com)

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Mark Beitel  
Therapy  
Cognitive Therapy Institute  
Eight Myrtle Avenue  
Westport, CT 06880  
Phone: 203.644.0798  
Insurance: Anthem BC/BS  
State: No, I do not.  
Sliding scale? Yes  
Number of trans clients: 2-5 clients  
Number of FtM clients: 0-1 clients  
Number of MtF clients: 0-1 clients  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: 0/0

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Robert P. Belliveau  
Licensed Social Worker, MSW  
361 Mountain Road  
West Hartford, CT  
Phone: 860-521-1507  
Insurance: Unknown  
State: No  
Sliding scale? Unkown  
Referral required? No  
Languages spoken: English

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Dr. Scott Berger  
Internal medicine, MD  
132 Mansfield Ave, Suite 120  
Willimantic, CT 06226  
Phone: (860) 456-0524

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Ginger Blume  
Therapist, PhD  
Ginger Blume, PhD & Associates  
300 Plaza Middlesex  
Middletown, CT 06457-3484  
Phone: 860-346-6020, 860-346-6023(fax)

Insurance: No  
State: No  
Sliding scale? Unkown  
Referral required? No  
Languages spoken: English only

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Cathy Bochain  
Pharmacist  
CVS Pharmacy  
632 Middle Turnpike  
Mansfield, CT 06268-1308  
Phone: (860) 487-2034  
Insurance: Yes  
State: No  
Referral required? No  
Languages spoken: Spanish  
ADA Accessible? Elevator but no wheelchair ramp.

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Carol Bozena Bozena  
Therapist, L.C.S.W.  
Women's Center for Psychotherapy,LLC  
784 Farmington Ave  
West Hartford, CT 06119  
Phone: 860-523-4450  
Insurance: Anthem BC/BS, Oxford, Health Net, Value Options  
State: Medicare, Behavioral Health CT  
Sliding scale? Yes  
Number of trans clients: 0-1 clients  
Number of FtM clients: 0-1 clients  
Number of MtF clients: 0-1 clients  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: 0/0  
ADA Accessible? Yes

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J. Randolph Burham  
Therapy  
18 Kings Highway South  
J. Randolph Burnham, CT 06880  
Phone: 203-227-7199  
Insurance: None; will work with patients to get what ever insurance reimbursement is available if they have out of network coverage.  
State: Medicare, Medicaid  
Sliding scale? No

Number of trans clients: 6 or more clients  
Number of FtM clients: 0-1 clients  
Number of MtF clients: 2-5 clients  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: 0/0

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Kate Calvin  
Therapy, L.C.S.W.  
InterCommunity Mental Health Group  
281 Main Street  
East Hartford, CT 06118  
Phone: (860) 291-1315  
Insurance: Unsure, call to find out  
State: Likely, call to find out  
Sliding scale? Yes  
Number of trans clients: 6 or more clients  
Number of FtM clients: 6 or more clients  
Number of MtF clients: 6 or more clients  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: 0/0

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Pamela Campbell Campbell  
Therapist, L.M.F.T.  
318 Main Street  
Farmington, CT 06032  
Phone: 860-677-0845  
Insurance: Aetna Anthem BC/BS, Cigna ConnectiCare, Oxford, United Healthcare  
State: No  
Sliding scale? Yes  
Number of trans clients: 0-1 clients  
Number of FtM clients: 0-1 clients  
Number of MtF clients: 0-1 clients  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: 0/0

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Amy S. Cheng Cheng  
Therapist  
745 Orange St.  
New Haven, CT 06511  
Phone: 203-668-9523  
Insurance: None - I don't take insurance.  
State: No, I do not.  
Sliding scale? Yes

Number of trans clients: 0-1 clients  
Number of FtM clients: 0-1 clients  
Number of MtF clients: 0-1 clients  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: 0/0

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Dr. Allen Clark  
Psychologist, PhD  
180 Hubbard Street  
Glastonbury, CT 06033-3063  
Phone: 860-633-0316  
Insurance: Yes, Limited  
State: No  
Referral required? No  
Languages spoken: English, Fair German

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Sharon Clayman  
Therapy, Psy.D.  
New Britain General Hospital now...Hospital of Central Connecticut Community Health  
Center of New Britain  
50 Griswold Street  
New Britain, CT 06050  
Phone: 860-224-5900 x 2394  
Insurance: Most, call to find out  
State: Medicare, Medicaid, SAGA Title 19  
Sliding scale? No  
Number of trans clients: 2-5 clients  
Number of FtM clients: 0-1 clients  
Number of MtF clients: 0-1 clients  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: 0/0

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Jeff Cohen Cohen  
Therapist  
833 Summer St., 1-A  
Stamford, CT 06901  
Phone: 203-325-9346  
Insurance: Aetna Anthem BC/BS, Cigna, United Healthcare  
State: No  
Sliding scale? No  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: 0/0

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Rosemarie Coratola  
Therapist, L.M.F.T.  
400 Prospect Street  
New Haven, CT 06511  
Phone: 203-334-4424, x6  
Insurance: Aetna Anthem BC/BS, ConnectiCare, United Healthcare, please call and ask  
State: No  
Sliding scale? No  
Number of trans clients: 0-1 clients  
Number of FtM clients: 0-1 clients  
Number of MtF clients: 0-1 clients  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: Yes/0

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Counseling Affiliates  
Group of 7, all have specialties  
300 Hebron Ave. Suite 217  
Glastonbury, CT 06033-2192  
Phone: 860-659-2697  
Insurance: Call to find out  
State: Medicare  
Referral required? Insurance authorization  
Languages spoken: English

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CT Anxiety and Depression Treatment Center  
3 Physicians  
1031 Farmington Ave  
Farmington, CT 06032-1511  
Phone: 860-677-2550  
Insurance: Yes, call to find out  
State: No  
Referral required? No  
Languages spoken: English, Spanish, and Polish

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Shona Curtis Curtis  
Therapist, L.C.S.W.  
300 Federal Road, Suite 203  
Brookfield, CT 06804  
Phone: 203 775-0308  
Insurance: Aetna Anthem BC/BS, Oxford  
State: Medicare, Medicaid  
Sliding scale? Yes

Experience with HRT/SRS letters FTM: 0/0

Experience with HRT/SRS letters MTF: 0/0

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Jennifer D'Andrea

Therapy

Roeder & Polansky

300 Plaza Middlesex

Middletown, CT 06457

Phone: (860) 347-9911

Insurance: Aetna Anthem BC/BS, Cigna, Oxford, United Healthcare, Healthnet

State: No

Sliding scale? No

Number of trans clients: 2-5 clients

Number of FtM clients: 0-1 clients

Number of MtF clients: 0-1 clients

Experience with HRT/SRS letters FTM: Yes/0

Experience with HRT/SRS letters MTF: 0/0

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George H. Davis

Therapy

Center for Dialectical and Cognitive Behavioral Psychotherapies, LLC

Yale Medical School

291 Whitney Avenue, Ste 301

New Haven, CT 06511

Phone: 203-787-3070

Insurance: None

State: No

Sliding scale? Yes

Number of trans clients: 2-5 clients

Number of FtM clients: 2-5 clients

Number of MtF clients: 0-1 clients

Experience with HRT/SRS letters FTM: 0/0

Experience with HRT/SRS letters MTF: 0/0

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George H. Davuis

Therapist, PhD

Center for Dialectical, and Cognitive Behavioral Therapies, LLC

291 Whitney Avenue, Ste 301

New Haven, CT 06511

Phone: 203-787-3070

Insurance: None

State: No

Sliding scale? No

Number of trans clients: 2-5 clients  
Number of FtM clients: 2-5 clients  
Number of MtF clients: 0-1 clients  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: Yes/0

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Joan Day  
Therapist, L.M.F.T.  
21 New Britain Avenue  
Rocky Hill, CT 06067  
Phone: 860-529-8977  
Insurance: Aetna Anthem BC/BS, Cigna ConnectiCare, Golden Rule Humana, Oxford  
United Healthcare, UBH, Behavioral Health CT, EDS (managed Medicaid), Champva,  
FedEx, First Health, GoldenRule, MedSpan, ValueOptions  
State: Husky, Medicaid  
Sliding scale? Yes  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: 0/0

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Jonathan Dean  
Therapy, M.S., MFT  
Westbrook Youth and Family Services, Inc  
1163 Boston Post Road  
Westbrook, CT 06498  
Phone: 860-399-9239  
Insurance: None  
State: No  
Sliding scale? Yes  
Number of trans clients: 6 or more clients  
Number of FtM clients: 6 or more clients  
Number of MtF clients: 6 or more clients  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: 0/0

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Andrea A. DeBoer  
Therapist, L.M.F.T.MS Counseling & CEAP  
678 Main Street 2nd Floor  
Branford, CT 06405  
Phone: 203-315-1028  
Insurance: Aetna Anthem BC/BS, Cigna ConnectiCare, Oxford PacifiCare UniCare  
United Healthcare, Magellan, CT Behavioral Health, MHN/Healthnet, PHCS, Tricare,  
United Behavioral Health, Value Options, Wellpoint  
State: Husky, Blue Care Family Plan

Sliding scale? Yes  
Number of trans clients: 0-1 clients  
Number of FtM clients: 0-1 clients  
Number of MtF clients: 0-1 clients  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: 0/0

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Erik Derouin  
Therapy, L.C.S.W.  
(CSI) In-Home Juvenile Services  
Norwalk / Stamford, CT 06851  
Phone: (203) 515-3188  
Insurance: Referrals Appointed by Juvenile Courts Only.  
Sliding scale? No  
Number of trans clients: 2-5 clients  
Number of FtM clients: 0-1 clients  
Number of MtF clients: 0-1 clients  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: 0/0

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Bob Deutsch  
Therapy  
CT Children's Medical Center  
10 North Main Street #317  
West Hartford, CT 06107  
Phone: 860-521-7732  
Insurance: None  
State: Medicare  
Sliding scale? No  
Number of trans clients: 2-5 clients  
Number of FtM clients: 0-1 clients  
Number of MtF clients: 0-1 clients  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: 0/0

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Donna H. DiCello  
Therapist, Psy.D.  
37 Trumbull Street, Suite 104  
New Haven, CT 06510  
Phone: (203) 773-3560  
Insurance: Out-of-Network services for major insurances, call to find out  
State: No  
Sliding scale? Yes

Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: 0/0

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Dr. David Domenichini  
Endocrinologist, MD  
Greater Hartford Endocrinology  
85 Seymour Street, Ste 1022  
Hartford, CT 06106  
Phone: 860-246-1812 or 860-589-8184

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Linda Doran  
A.P.R.N.  
14-14 Mason's Island Road  
Mystic, CT 06355  
Phone: 860 536 8804  
Insurance: Aetna Anthem BC/BS, Cigna ConnectiCare, Golden Rule, Oxford, United  
Healthcare, MHN, HealthNet  
State: No  
Sliding scale? Yes  
Number of trans clients: 2-5 clients  
Number of FtM clients: 0-1 clients  
Number of MtF clients: 2-5 clients  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: 0/0

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Michael Doyle  
Therapist, M.D.  
Norwalk Hospital, Bridgeport Hospital, St. Vincent's Hospital, Griffith Hospital  
4920 Main Street Suite 301  
Bridgeport, Connecticut 06606  
Phone: 203-373-1200  
Insurance: Aetna Anthem BC/BS, Cigna ConnectiCare  
Sliding scale? Yes  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: 0/0

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Nancy Eiswirth  
Therapist  
664 Prospect Avenue  
Hartford, CT 06105  
Phone: 860 236-8087 Ext 106  
Insurance: None

State: Medicare  
Sliding scale? No  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: 0/0

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Jessica Fancher  
Therapist, M.S.W.  
19 North Main Street  
Enfield, CT 06082  
Phone: 860-253-5619  
Insurance: Youth services provided are free  
State: No, I do not.  
Sliding scale? No  
Number of trans clients: 0-1 clients  
Number of FtM clients: 0-1 clients  
Number of MtF clients: 0-1 clients  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: 0/0

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Ellen Fields  
Therapist, L.M.F.T.Certified Gestalt Therapist  
730 Main St.  
Branford, CT 06405  
Phone: 203-315-7722  
Insurance: Anthem BC/BS, Oxford, United Healthcare, Compsych, call to find out  
State: No  
Sliding scale? Yes  
Number of trans clients: 0-1 clients  
Number of FtM clients: 0-1 clients  
Number of MtF clients: 2-5 clients  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: 0/0

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Joe Fitzgerald  
Therapist, LCSW  
New Haven, CT  
Phone: 203-789-0560

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Alice Forrester  
Therapist  
Clifford Beers Clinic  
93 Edwards Street,

New Haven, CT 06511  
Phone: 203-772-1270  
Insurance: Anthem BC/BS  
State: Husky Medicaid, Title 19  
Sliding scale? Yes  
Number of trans clients: 0-1 clients  
Number of FtM clients: 0-1 clients  
Number of MtF clients: 0-1 clients  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: 0/0

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Diana Fox  
Therapist, Psy.D.  
Comprehensive Neuropsychological Services, PC  
1095 S. Main St  
Cheshire, CT 06410  
Phone: 203-271-3809  
Insurance: Anthem BC/BS, Healthnet/MHN  
State: No  
Sliding scale? Yes  
Number of trans clients: 0-1 clients  
Number of FtM clients: 0-1 clients  
Number of MtF clients: 0-1 clients  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: 0/0

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Vincent J. Franco  
Therapy, Psy.D.ABPP Clinical  
Suite 316, 57 North Street  
Danbury, Connecticut 06810  
Phone: 203-748-8515  
Insurance: Call to find out  
State: No  
Sliding scale? Yes  
Number of trans clients: 2-5 clients  
Number of FtM clients: 0-1 clients  
Number of MtF clients: 0-1 clients  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: 0/0

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Joan Franklin  
Therapist, Psy.D.  
400 Stillson Road

Fairfield, CT 06824  
Phone: 203-330-1852  
Insurance: Anthem BC/BS, ConnectiCare, Oxford, United Healthcare  
State: No  
Sliding scale? Yes  
Number of trans clients: 0-1 clients  
Number of FtM clients: 0-1 clients  
Number of MtF clients: 0-1 clients  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: 0/0

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Sarah J. Gamble  
Therapist  
Iron Horse Blvd  
Simsbury, CT 06070  
Phone: 860-989-7687  
Insurance: Value Options, call and ask  
State: Medicare  
Sliding scale? No  
Number of trans clients: 0-1 clients  
Number of FtM clients: 0-1 clients  
Number of MtF clients: 0-1 clients  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: 0/0

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Kathleen Garnet  
Therapist  
78 Eastern Boulevard  
Glastonbury, CT 06033  
Phone: 860-633-7882  
Insurance: Call to find out  
State: No  
Sliding scale? Yes  
Number of trans clients: 0-1 clients  
Number of FtM clients: 0-1 clients  
Number of MtF clients: 0-1 clients  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: 0/0

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Laura L. Gates  
Therapist, L.M.F.T.L.C.S.W.  
375 Housatonic Avenue  
Stratford, CT 06615

Phone: 203-386-1725  
Insurance: Anthem BC/BS, Healthnet  
State: No  
Sliding scale? No  
Number of trans clients: 0-1 clients  
Number of FtM clients: 0-1 clients  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: 0/0

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Mark Gaynor  
Therapist, L.C.S.W.  
St Raph Hartford Yale  
111 Whitney Ave  
New Haven, CT 06510  
Phone: 203 865-0865  
Insurance: Aetna Anthem BC/BS, Oxford PacifiCare UniCare United Healthcare  
State: Medicare  
Sliding scale? Yes  
Number of trans clients: 0-1 clients  
Number of FtM clients: 0-1 clients  
Number of MtF clients: 0-1 clients  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: 0/0

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Marsha Glazer  
Therapist, L.M.F.T.  
270 greenwich ave.  
greenwich, CT, 06830  
Phone: 203-661-5470  
Insurance: None  
State: No  
Sliding scale? No

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Landy Gobes Gobes  
Therapist, M.S.W.  
1168 New Britain Avenue  
West Hartford, CT 06110  
Phone: 860 232 0761  
Insurance: Aetna Anthem BC/BS, call to find out  
State: Medicare  
Sliding scale? Yes  
Number of trans clients: 0-1 clients  
Number of FtM clients: 0-1 clients

Number of MtF clients: 0-1 clients  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: 0/0

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Steven D. Goldberg  
Therapist, L.M.F.T.  
481 Gold Star Hwy, Suite 301  
Groton, CT 06340  
Phone: 860-446-7573  
Insurance: Aetna Anthem BC/BS, Celtic Cigna ConnectiCare, Fortis, GHI, Golden Rule  
Humana, Oxford PacifiCare UniCare United Healthcare, Vista, call to find out  
State: Husky, Medicaid  
Sliding scale? Yes  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: 0/0

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Michele Grethel  
Psychotherapist, LCSW  
P.O. Box 932  
Greenwich, CT 06830  
Phone: 917-797-5608  
Insurance: Yes  
State: Call to find out  
Sliding scale? Yes  
Number of trans clients: 6 or more clients  
Number of FtM clients: 6 or more clients  
Number of MtF clients: 6 or more clients  
Experience with HRT/SRS letters FTM: Yes/0  
Experience with HRT/SRS letters MTF: Yes/0

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Ilene Gruenberg  
Therapist, PhD  
Bunk Grueneberg and Associates  
200 Oak St #C  
Glastonbury, CT 06033-2320  
Phone: 860-657-8868, 860-657-8802(fax)  
Insurance: Yes, call to find out  
State: Blue Care Family Plan, Healthnet  
Referral required? No  
Languages spoken: English only

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Jill M. Hanson

Therapist, L.M.F.T. soon to be PsyD

13 Mountain Briar

Burlington, CT 06013

Phone: (860) 673-8848

Insurance: Aetna Anthem BC/BS ConnectiCare Oxford United Healthcare

State: Husky

Sliding scale? No

Experience with HRT/SRS letters FTM: 0/0

Experience with HRT/SRS letters MTF: 0/0

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Russ Harrington

Therapist, LCSW

Affiliated Clinical Therapists

770 Saybrook Rd

Middletown, CT 06457

Phone: 860-343-5390

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Sandra Hartdagen

Therapist

148 Eastern Blvd.

Glastonbury, CT 06033

Phone: 860-652-3687

Insurance: Call to find out

State: Medicare

Sliding scale? No

Number of trans clients: 0-1 clients

Number of FtM clients: 0-1 clients

Number of MtF clients: 0-1 clients

Experience with HRT/SRS letters FTM: 0/0

Experience with HRT/SRS letters MTF: 0/0

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Kathleen L. Hayes

Therapist, M.S.W.L.C.S.W.

384 D Merrow Rd (Rt. 195 )

Tolland, CT 06084

Phone: 860-875-2578 Ext 2

Insurance: Aetna Anthem BC/BS, ConnectiCare, Oxford

State: No, I do not.

Sliding scale? Yes

Number of FtM clients: 2-5 clients

Experience with HRT/SRS letters FTM: 0/0

Experience with HRT/SRS letters MTF: 0/0

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Ron Hekeler  
Social Worker  
135 Greenhill Lane  
Cheshire, CT 06410-3625  
Phone: 203-272-8933  
Insurance: No  
State: No  
Referral required? No  
Languages spoken: English

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Heath H. Hightower  
Therapy, M.S.W.L.C.S.W.  
Spectrum Psychotherapy Centers  
32 Maple Avenue/129 Ethan Drive  
Windsor, Connecticut 6095  
Phone: (860) 298-9189/(860) 246-7999  
Insurance: Aetna Anthem BC/BS, Cigna ConnectiCare, Oxford PacifiCare, United  
Healthcare, United Health Care, United Behavioral Health, Magellan, Value Options  
State: Medicare  
Sliding scale? Yes  
Number of trans clients: 2-5 clients  
Number of FtM clients: 2-5 clients  
Number of MtF clients: 2-5 clients  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: 0/0

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Robin Hoburg  
Licensed Psychologist, PhD  
Jay Meadows Office Park 933 Hartford Turnpike  
Vernon, CT 06120-2806  
Phone: 860-872-7696  
Insurance: Call to find out  
State: Working on Medicaid

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Stanton Honig  
Urologist/SRS, MD  
UCHC  
263 Farmington Ave  
Farmington, CT  
Phone: 860-679-7692

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William Horn  
Therapy  
1767 Summer Street  
Stamford, CT 06905  
Phone: 203-327-5021  
Insurance: None  
State: No  
Sliding scale? No  
Number of trans clients: 6 or more clients  
Number of FtM clients: 6 or more clients  
Number of MtF clients: 6 or more clients  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: 0/0

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Virginia Houghtaling  
Therapist, LCSW  
Affiliated Clinical Therapists  
770 Saybrook Rd  
Middletown, CT 06457  
Phone: 860-343-5390

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Dr. Ilja Hulinsky  
Endocrinologist, MD, PhD  
St. Raphael's Hospital, St. Vincent's Hospital  
West Haven, CT  
Phone: (203) 374-4490, 203-374-0240(fax)  
Insurance: Call to find out  
State: No  
Referral required? Yes  
Languages spoken: English only  
Alternate address for private practice:  
29 East Main Street  
Westport, CT 6880  
Phone: 203-374-4490

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Patricia James  
Therapy, L.C.S.W.  
Spectrum Psychotherapy Centers  
32 Maple Ave.  
Windsor, CT 06095  
Phone: 860 722-3217  
Insurance: Aetna Anthem BC/BS, Cigna ConnectiCare, Oxford PacifiCare, United  
Healthcare

State: Medicare  
Sliding scale? Yes  
Number of trans clients: 2-5 clients  
Number of FtM clients: 0-1 clients  
Number of MtF clients: 2-5 clients  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: 0/0

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Michael Johnson  
Psychologist, PhD  
Danbury, CT  
Phone: 203-748-8515, 203-264-3929(fax)  
Insurance: Call to find out  
State: Medicare  
Referral required? No  
Languages spoken: English

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Alfred J. Joyell  
Psychotherapy, PhD  
1078 West Main Street  
Waterbury, CT 06708  
Phone: 203 753-8336, 203-753-7618(fax)  
Insurance: no  
State: no  
Referral required? no  
Languages spoken: english

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Amy Karnilowicz  
Therapist, L.M.F.T.  
836 Farmington Avenue, Suite 101B  
West Hartford, CT 06119  
Phone: 860-216-5116  
Insurance: Aetna Anthem BC/BS, Cigna ConnectiCare, Oxford, United Healthcare  
State: Husky  
Sliding scale? No  
Number of trans clients: 0-1 clients  
Number of FtM clients: 0-1 clients  
Number of MtF clients: 0-1 clients  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: 0/0

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Evelyn Diane Kirkman

Therapist, L.C.S.W.  
68 South Main Street, Ste 202  
West Hartford, CT 06107  
Phone: 860 5210-7111  
Insurance: Anthem BC/BS, Oxford, MHN, Behavioral Health CT  
State: Medicare  
Sliding scale? Yes  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: 0/0

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Binnie C. Klein  
Therapist, M.S.W.  
602 Whitney Avenue  
New Haven, CT 06511  
Phone: 203-785-0639  
Insurance: Anthem BC/BS  
State: No  
Sliding scale? Yes  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: 0/0

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Lennie Forest Kleinberg  
Therapy, Ed.D.  
331 Auburndale Ave.  
Newton, Massachusetts 02466  
Phone: 617-731-8539  
Insurance: BC/BS indemnity, can take any insurance that lets subscribers go out of their network  
State: No  
Sliding scale? Yes  
Number of trans clients: 6 or more clients  
Number of FtM clients: 6 or more clients  
Number of MtF clients: 6 or more clients  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: 0/0

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Elaine Knowlden  
Therapist, MSW, LCSW  
670 Prospect Ave  
Hartford, CT 06105  
Phone: (860) 570-4800

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Erika Kraselsky  
Therapist, MS, MFT  
19 North Main Street  
Enfield, CT 06082  
Phone: 860-741-4024  
Insurance: None. Free service for those residents of the town of Enfield  
State: No  
Sliding scale? No  
Number of trans clients: 0-1 clients  
Number of FtM clients: 0-1 clients  
Number of MtF clients: 0-1 clients  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: 0/0

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Irwin Krieger  
Therapist, M.S.W., LCSW  
357 Whitney Avenue  
New Haven, CT 06511  
Phone: 203-776-1966  
Insurance: Aetna Anthem BC/BS, in-network for Anthem and Aetna PPOs. Covered by indemnity plans and others out-of-network. Call to find out.  
State: Husky, Medicare  
Sliding scale? Yes  
Number of trans clients: 0-1 clients  
Number of FtM clients: 0-1 clients  
Number of MtF clients: 0-1 clients  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: Yes/0

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Debora A. Kustron  
Therapist, Psy.D.  
Community Mental Health Associates  
26 Russell Street  
New Britain, CT 06052  
Phone: 860-223-2778  
Insurance: Aetna Anthem BC/BS, Cigna ConnectiCare, Oxford  
State: Husky, Medicaid  
Sliding scale? Yes  
Number of trans clients: 0-1 clients  
Number of FtM clients: 0-1 clients  
Number of MtF clients: 0-1 clients  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: 0/0

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Dr. Paul Labinson  
Endocrinologist, MD  
CT Multi Specialty Group  
100 Retreat Ave, Ste 400  
Hartford, CT 06106  
Phone: 860-547-1278

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Arlene N. Lacerenza  
Therapist, L.M.F.T.  
53 River Street, Suite 11  
Milford, CT 06460  
Phone: 203-306-0220  
Insurance: Anthem BC/BS, Oxford, Healthnet/MHN  
State: No  
Sliding scale? No  
Number of trans clients: 0-1 clients  
Number of FtM clients: 0 clients  
Number of MtF clients: 0-1 clients  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: 0/0

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Yetta Lautensehlager  
Therapist, MSW  
Affiliated Clinical Therapists  
770 Saybrook Rd  
Middletown, CT 06457  
Phone: 860-343-5390

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Maryellen Leigh  
Therapist, M.S.W., L.C.S.W.  
Community Mental Health Affiliates (CMHA); Wheeler Clinic  
5 Hart Street  
New Britain, CT 06052  
Phone: 860-229-4850  
Insurance: None  
State: No  
Sliding scale? Yes  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: 0/0

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Jane Lobdell

Therapist, L.M.F.T.  
625 litchfield tpke.  
Bethany, CT 06524  
Phone: 203-980-4589  
Insurance: None  
State: No  
Sliding scale? Yes  
Number of trans clients: 2-5 clients  
Number of FtM clients: 0-1 clients  
Number of MtF clients: 2-5 clients  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: 0/0

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Rhonda Loft  
Therapist, L.M.F.T.  
53 Unquowa Place  
Fairfield, CT 06824  
Phone: 203-209-7660  
Insurance: Aetna Anthem BC/BS, ConnectiCare, Oxford, United Healthcare, HealthNet, PCHS  
State: Husky  
Sliding scale? No  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: 0/0

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Leslie Lothstein  
Therapy  
Hartford Hospital  
200 Retreat Ave  
Hartford, CT 06106  
Phone: 860-545-7167  
Insurance: Aetna Anthem BC/BS, Cigna, Oxford, call to find out  
State: Medicare, Medicaid  
Sliding scale? Yes  
Number of trans clients: 6 or more clients  
Number of FtM clients: 6 or more clients  
Number of MtF clients: 2-5 clients  
Experience with HRT/SRS letters FTM: Yes/0  
Experience with HRT/SRS letters MTF: Yes/0

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Carole MacKenzie  
Therapist, LCSW  
674 Prospect Avenue

Hartford, CT 06105  
Phone: (860) 231-7373

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Kathy McCloskey  
Therapist, Psy.D.  
University of Hartford  
Graduate Institute of Professional Psychology  
200 Bloomfield Ave  
West Hartford, CT 06002  
Phone: 860 768 4442  
Insurance: None  
State: No  
Sliding scale? No  
Number of trans clients: 0-1 clients  
Number of FtM clients: 0-1 clients  
Number of MtF clients: 0-1 clients  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: 0/0

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June Meyer  
Therapist, LPC  
666 Glenbrook Road  
Stamford, CT 06902  
Phone: 203-406-9602  
Insurance: None  
State: No  
Sliding scale? Yes  
Number of trans clients: 0-1 clients  
Number of FtM clients: 0-1 clients  
Number of MtF clients: 0-1 clients  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: 0/0

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Yvonne Miceli  
Therapy, L.M.F.T.  
674 Prospect Avenue  
Hartford, CT 06105  
Phone: 860-233-6228  
Insurance: Aetna Anthem BC/BS, ConnectiCare, United Healthcare, MHN, Northeast  
Direct Health  
State: Husky  
Sliding scale? Yes  
Number of trans clients: 6 or more clients

Number of FtM clients: 6 or more clients  
Number of MtF clients: 2-5 clients  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: 0/0

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Nancy Millian  
Therapist, Psy.D.  
2 Pomperaug Office Park  
Danbury, CT 06488  
Phone: 203-267-7172  
Insurance: Aetna Anthem BC/BS, Cigna ConnectiCare, GHI, Oxford, United Healthcare  
MVP, MHN (HealthNet), Tricare, POMCO  
State: Husky, Medicare, Medicaid  
Sliding scale? Yes  
Number of trans clients: 0-1 clients  
Number of FtM clients: 0-1 clients  
Number of MtF clients: 0-1 clients  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: 0/0

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Christina E. Moore  
Therapist, Psy.D.  
12 C Ledgebrook Drive  
Mansfield, CT 06235  
Phone: 869 208-8944  
Insurance: Anthem BC/BS, MHN, Tricare, ValueOptions; call for others  
State: Husky, Medicare, Medicaid  
Sliding scale? Yes  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: 0/0

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Corrie Morse  
Therapy, M.S.W.  
New Haven Home Recovery  
153 East Street  
New Haven, CT 06511  
Phone: 203-492-4866  
Insurance: None  
State: No  
Sliding scale? No  
Number of trans clients: 6 or more clients  
Number of FtM clients: 2-5 clients  
Number of MtF clients: 2-5 clients

Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: 0/0

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Ellen Nasper  
Therapist  
7 Burns Street  
New Haven, Connecticut 06511  
Phone: 203 624-1444  
Insurance: None  
State: Medicare  
Sliding scale? No  
Number of trans clients: 0-1 clients  
Number of FtM clients: 0-1 clients  
Number of MtF clients: 0-1 clients  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: 0/0

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Susan Nathiel  
Therapist, L.M.F.T.  
3074 Whitney Ave, bldg 1  
Hamden, Ct 06518  
Phone: (203) 230-8818  
Insurance: Out of network for all insurance and will work with patient to get coverage if their policy covers out of network. I do OTRs and HCFA but not on any panels. Call for details.  
State: No  
Sliding scale? Yes  
Number of trans clients: 0-1 clients  
Number of FtM clients: 0-1 clients  
Number of MtF clients: 0-1 clients  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: 0/0

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Dr. Michael A. Nelken  
Psychiatrist, MD  
1420 Main Street  
Glastonbury, CT 06033  
Phone: (860) 657-3920

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Jo Nol  
Therapist, L.C.S.W.  
Women's Center for Psychotherapy

784 Farmington Avenue  
West Hartford, CT 06119  
Phone: (860) 523-4450  
Insurance: Aetna Anthem BC/BS, ConnectiCare, Oxford, UniCare United Healthcare  
Value Options  
State: Husky  
Sliding scale? Yes  
Number of FtM clients: 2-5 clients  
Number of MtF clients: 0-1 clients  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: 0/0

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Jana Noyes  
Therapist, L.M.F.T.  
12 Roosevelt Ave.  
Mystic, CT 06355  
or  
244 South Main St.  
Colchester, CT 06415  
Phone: 860-536-4383 or 860-235-0458  
Insurance: Anthem BC/BS, ConnectiCare, United Healthcare, MHN, Tricare, UBH  
State: No  
Sliding scale? Yes  
Number of trans clients: 0-1 clients  
Number of FtM clients: 0-1 clients  
Number of MtF clients: 0-1 clients  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: 0/0

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Dr. Robert Oberstein  
Endocrinologist, MD  
CT Multi Specialty Group  
100 Retreat Ave, Ste 400  
Hartford, CT 06106  
Phone: 860-547-1277

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Joan Offner  
Social Worker,  
Ginger Blume, PhD & Associates  
300 Plaza Middlesex  
Middletown, CT 06457-3484  
Phone: 860-346-6020 x2, 860-346-6023  
Insurance: No

State: No  
Referral required? No

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Mark O'Malley  
Chiropractic Physician,  
O'Malley Chiropractic Health Center  
78 Beaver Road  
Wethersfield, CT 06109  
Phone: 860 257-9400  
Insurance: Most commercial  
State: No  
Referral required? Depends on insurance company  
Languages spoken: English & Italian

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Peter Papallo  
Therapist, L.C.S.W.  
Wheeler Clinic  
91 Northwest Drive  
Plainville, CT 06062  
Phone: 860-793-3799  
Insurance: Aetna Anthem BC/BS, Cigna ConnectiCare, Oxford PacifiCare, United  
Healthcare  
State: Medicare, Medicaid, SAGA, Title 19  
Sliding scale? Yes  
Number of trans clients: 6 or more clients  
Experience with HRT/SRS letters FTM: Yes/0  
Experience with HRT/SRS letters MTF: Yes/0

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Ashok Parekh  
Therapist, MD  
Affiliated Clinical Therapists  
770 Saybrook Rd  
Middletown, CT 06457  
Phone: 860-343-5390

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Denise Parent  
Therapist, L.M.F.T.  
The Family Room, LLC  
31 Cherry St. 2nd Floor front  
Milford, CT 06460  
Phone: 203-522-4554  
Insurance: Aetna Anthem BC/BS, ConnectiCare, call to find out

State: No  
Sliding scale? Yes  
Number of trans clients: 0-1 clients  
Number of FtM clients: 0-1 clients  
Number of MtF clients: 0-1 clients  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: 0/0

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Dr. William Arthur Petit  
Endocrinologist, MD  
36 Whiting Street  
Plainville, CT 06062  
Phone: 860-747-4377

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Dr. Ljiljana Plisic  
Gynecologist, MD  
687 Main Street  
Branford, CT 06405  
Phone: (203) 488-8306

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Jessica Pollard  
Therapist  
Specialized Treatment Early in Psychosis  
Yale University School of Medicine  
34 Park Street B38  
New Haven, CT 06519  
Phone: (203) 974-7495  
Insurance: Services are free of charge to qualified individuals  
State: Medicare Medicaid Title 19  
Sliding scale? No  
Number of trans clients:  
Number of FtM clients: 2-5 clients  
Number of MtF clients: 2-5 clients  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: 0/0

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Tina La Porta  
Therapist, LPC, LACD, MFT, MA  
East Windsor  
East Windsor, CT 06016  
Phone: (860) 595-7220  
Insurance: Aetna Anthem BC/BS, Cigna ConnectiCare, Oxford, United Healthcare

State: No (may have changed; call to find out)  
Sliding scale? Yes  
Number of trans clients: 0-1 clients  
Number of FtM clients: 0-1 clients  
Number of MtF clients: 0-1 clients  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: 0/0

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April Reiss  
Social Worker,  
403 Whitney Ave #5  
New Haven, CT 06511-2355  
Phone: 203-777-0300  
Insurance: No  
State: No  
Referral required? No  
Languages spoken: English

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Laura Renfro  
Therapist, L.M.F.T.  
1100 New Britain Avenue  
West Hartford, CT 06110  
Phone: 860-493-1467  
Insurance: None. I am happy to provide HICFA forms for clients to submit and often, the amount reimbursed for out of network benefit is very good.  
State: No.  
Sliding scale? Yes  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: 0/0

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Robert Reynolds  
Therapist, PhD  
Affiliated Clinical Therapists  
770 Saybrook Rd  
Middletown, CT 06457  
Phone: 860-343-5390

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Betty Rich  
Therapy  
22 5th Street  
Stamford, CT 06905  
Phone: 203-353-9402

Insurance: Anthem BC/BS, United Healthcare  
State: No  
Sliding scale? Yes  
Number of trans clients: 2-5 clients  
Number of FtM clients: 0-1 clients  
Number of MtF clients: 2-5 clients  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: 0/0

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Judy Robbins  
Prof. Counselor, PhD  
Glastonbury, CT  
Phone: 860-633-3992  
Insurance: No  
State: No  
Referral required? No  
Languages spoken: English

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Deena Robbins  
Therapist, PhD  
Affiliated Clinical Therapists  
770 Saybrook Rd  
Middletown, CT 06457  
Phone: 860-344-9616

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Barbara L. Rosen  
Therapist, L.C.S.W.  
682 Prospect  
Hartford, CT. 06105  
Phone: (860) 236-4116  
Insurance: Anthem BC/BS  
State: Medicare  
Sliding scale? Yes  
Number of trans clients: 0-1 clients  
Number of FtM clients: 0-1 clients  
Number of MtF clients: 0-1 clients  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: 0/0

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Jody L. Rowell  
Therapy, MSW  
Clifford W. Beers Guidance Clinic, Inc.

93 Edwards Street  
New Haven, CT 06510  
Phone: (203)772-1270  
Insurance: Anthem BC/BS  
State: Husky, Title 19  
Sliding scale? Yes  
Number of trans clients: 2-5 clients  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: 0/0

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Dr. Rocco Russo  
General practitioner, MD  
Sound Medical Association  
37 South Broad St  
Pawcatuck, CT 06379  
Phone: (860) 599-5477

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Stephen Sarfaty  
Therapy, Psy.D.  
1095 South Main  
Cheshire, CT 06410  
Phone: (203) 271-3809  
Insurance: Aetna Anthem BC/BS, Cigna ConnectiCare, GHI, Oxford, United Healthcare,  
call to inquire about others  
State: Husky, Medicare, Medicaid, SAGA, Title 19  
Sliding scale? Yes  
Number of trans clients: 6 or more clients  
Number of FtM clients: 6 or more clients  
Number of MtF clients: 6 or more clients  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: 0/0

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Dr. Laura Saunders  
Licensed Psychologist, PhD  
80 Garden Street  
Wethersfield, CT 06109-3120  
Phone: (860) 529-5229 ext #1  
Insurance: Yes  
State: Yes  
Referral required? No  
Languages spoken: English

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Annita Sawyer  
Therapist  
72 Crossfield Road  
North Branford, CT 06471  
Phone: 203-481-2453  
Insurance: Call to ask—may take out of network payments.  
State: Medicare  
Sliding scale? Yes  
Number of trans clients: 0-1 clients  
Number of FtM clients: 0-1 clients  
Number of MtF clients: 2-5 clients  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: 0/0

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Sam Schaperow  
Therapist, L.M.F.T.M.S.  
Laurence and Memorial, as a referral source, and Bakus as a therapist for their employees  
567 Vauxhall Street Ext., #201  
Waterford, CT 06385  
Phone: 860-447-2047  
Insurance: Aetna Anthem BC/BS, Celtic Cigna ConnectiCare, Fortis, GHI, Golden Rule, Humana Kaiser Family, Oxford, PacifiCare UniCare United Healthcare, Time Insurance Vista  
Note: All insurance taken either in-network, out-of-network, or as a pro-bono or sliding-fee-scale  
State: No  
Sliding scale? Yes  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: 0/0

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Tracy Colsen Schaperow  
Therapist, Psy.D.  
567 Vauxhall Street Ext., #201  
Waterford, CT 06385  
Phone: 860-447-2047  
Insurance: Aetna Anthem BC/BS, Celtic Cigna ConnectiCare, Fortis, GHI, Golden Rule, Humana Kaiser Family, Oxford PacifiCare UniCare, United Healthcare, Time Insurance Vista, in or out of network, depending on the plan. Call for details.  
State: No  
Sliding scale? No  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: 0/0

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Jonathan S. Schreiber  
Plastic Surgeon, MD, FACS  
Plastic Surgery Center of Greater Hartford, LLC  
533 Cottage Grove Road  
Bloomfield, CT 06002-3163  
Phone: (860) 243-1889  
Insurance: Yes  
State: Yes  
Referral required? Yes  
Languages spoken: English only

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Alice Schumacher  
Therapist, LCSW  
Middletown, CT 06547  
Phone: 860-343-6646

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Brian Schwartz  
Therapy  
4 Daskams Lane, unit 309  
Norwalk, CT 06851  
Phone: 203-557-4188  
Insurance: None  
State: No  
Sliding scale? No  
Number of trans clients: 2-5 clients  
Number of FtM clients: 2-5 clients  
Number of MtF clients: 0-1 clients  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: 0/0

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Robert Selverstone  
Therapist  
26 Imperial Avenue  
Westport, CT 06880  
Phone: (203) 226-0052  
Insurance: None  
State: No  
Sliding scale? Yes  
Number of trans clients: 0-1 clients  
Number of FtM clients: 0-1 clients  
Number of MtF clients: 0-1 clients  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: 0/0

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Dana Shagan  
Therapy, Psy.D.  
Institute of Living Schizophrenia Rehab Program  
200 Retreat Ave.  
Hartford, CT 06106  
Phone: 860-545-7514  
Insurance: Few. Call to find out.  
State: Medicare, Medicaid, Title 19  
Sliding scale? No  
Number of trans clients: 2-5 clients  
Number of FtM clients: 2-5 clients  
Number of MtF clients: 0-1 clients  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: 0/0

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Wendy Shami  
Therapist, L.C.S.W.  
Northwest Center  
384 Cream Hill Road  
West Cornwall, CT 06796  
Phone: (860) 672-6851  
Insurance: Anthem BC/BS, Oxford  
State: No  
Sliding scale? Yes  
Number of trans clients: 0-1 clients  
Number of FtM clients: 0-1 clients  
Number of MtF clients: 0-1 clients  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: 0/0

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Eileen Shekosky  
Therapist, LCSW  
Affiliated Clinical Therapists  
770 Saybrook Rd  
Middletown, CT 06457  
Phone: 860-344-9616

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Lois Sigman-Young  
Therapy, M.S.W., LADC  
381 Hubbard St  
Glastonbury, CT 06033

Phone: (860) 659-4431

Insurance: Anthem BC/BS, Cigna ConnectiCare, Oxford, United Healthcare, Value Options, Managed Health Network, Magellan

State: Husky, Medicare, Medicaid

Sliding scale? Yes

Number of trans clients: 6 or more clients

Number of FtM clients: 6 or more clients

Number of MtF clients: 2-5 clients

Experience with HRT/SRS letters FTM: 0/0

Experience with HRT/SRS letters MTF: 0/0

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Ramona Singleton

Therapist, MS, MFT

Clinical Consultation Group

435 Buckland Road

South Windsor, CT 06074

Phone: (860) 997-1779

Insurance: None

State: No

Sliding scale? No

Experience with HRT/SRS letters FTM: 0/0

Experience with HRT/SRS letters MTF: 0/0

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Lois Spivack

Psychotherapy, PhD

9 Homewood Rd

Woodbridge, CT 06525

Phone: (230) 387-9730

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Richard Stillson

Therapist, PhD

Chair, CT Psychological Association GLBT Task Force

Cedarcrest Hospital

Director of Psychology

525 Russell Rd.

Newington, CT 06111

Phone: (860) 666-7645

Insurance: None

State: No

Sliding scale? No

Experience with HRT/SRS letters FTM: Yes/0

Experience with HRT/SRS letters MTF: Yes/0

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D. Milton Stokes  
Therapist, MPH, RD, CDN  
301 Merritt, Ste 7  
Norwalk, CT 06851  
Phone: 203-604-0202  
Insurance: Aetna Anthem BC/BS, Oxford, United Healthcare, PHCS, Northeast Health Direct, Northeast Healthcare  
State: Medicare  
Sliding scale? Yes  
Number of trans clients: 0-1 clients  
Number of FtM clients: 0-1 clients  
Number of MtF clients: 0-1 clients  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: 0/0

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Moonhawk River Stone  
Therapy, M.S., LMHC  
50 Colvin Avenue  
Albany, NY 12206  
Phone: 518-446-1261  
Insurance: None - I don't take insurance.  
State: No, I do not.  
Sliding scale? Yes  
Number of trans clients: 2-5 clients  
Number of FtM clients: 0-1 clients  
Number of MtF clients: 0-1 clients  
Experience with HRT/SRS letters FTM: Yes/0  
Experience with HRT/SRS letters MTF: Yes/0

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Sandra Streifender  
Therapist, LPC  
Affiliated Clinical Therapists  
770 Saybrook Rd  
Middletown, CT 06457  
Phone: 860-343-5387

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Elliott Strick  
Therapy, L.M.F.T.  
2446 Albany Avenue  
West Hartford, CT 06117  
Phone: 860-231-8459  
Insurance: Anthem BC/BS, PHCS

State: No  
Sliding scale? No  
Number of trans clients: 6 or more clients  
Number of FtM clients: 2-5 clients  
Number of MtF clients: 2-5 clients  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: 0/0

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David C Tate  
Therapist  
357 Whitney Ave  
New Haven, CT 06511  
Phone: 203-627-6618  
Insurance: Aetna Anthem BC/BS, ConnectiCare, Healthnet  
State: No  
Sliding scale? Yes  
Number of trans clients: 0-1 clients  
Number of FtM clients: 0-1 clients  
Number of MtF clients: 0-1 clients  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: 0/0

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Pamela M. Taylor  
Therapist, Psy.D.  
44 Court Street  
Windsor, CT 06095  
Phone: 860-687-1085  
Insurance: Cigna, Golden Rule, United Healthcare, Workers'Compensation  
State: No  
Sliding scale? Yes  
Number of trans clients: 0-1 clients  
Number of FtM clients: 0-1 clients  
Number of MtF clients: 0-1 clients  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: 0/0

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Carol Therrien  
Therapist, L.M.F.T.  
435 Buckland Rd.  
South Windsor, CT 06074  
Phone: 860-478-7702  
Insurance: Anthem BC/BS, Oxford, MHN, Healthnet  
Sliding scale? Yes

Number of trans clients: 0-1 clients  
Number of FtM clients: 0-1 clients  
Number of MtF clients: 0-1 clients  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: 0/0

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Paul Torop  
Therapist, MD  
Affiliated Clinical Therapists  
770 Saybrook Rd  
Middletown, CT 06457  
Phone: 860-343-5390

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Joan Ventrilio  
Therapist, L.M.F.T.M.A.  
567 Vauxhall Street Ext., #201  
Waterford, CT 06385  
Phone: 860-447-2047  
Sliding scale? Yes  
Number of trans clients: 0-1 clients  
Number of FtM clients: 0-1 clients  
Number of MtF clients: 0-1 clients  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: 0/0

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Elizabeth Vitale  
Therapist, Psy.D.  
Hartford Hospital/Institute of Living  
682 Prospect Ave.  
Hartford, CT 06105  
Phone: (860) 523-9011  
Insurance: Aetna Anthem BC/BS, Cigna ConnectiCare, Oxford, United Healthcare,  
Value Options, MHN, Northeast Health Direct  
State: Medicare, Medicaid, SAGA, Title 19; may not pay for services—call and ask  
Sliding scale? Yes  
Number of trans clients: 0-1 clients  
Number of FtM clients: 0-1 clients  
Number of MtF clients: 0-1 clients  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: 0/0

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Dr. Dale James Wallington

Psychiatrist, MD  
West Hartford, CT  
Phone: 860-545-7194

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Shelby Warner  
Therapist, LCSW  
Affiliated Clinical Therapists  
770 Saybrook Rd  
Middletown, CT 06457  
Phone: 860-343-5390

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Matthew Waugh  
Therapist, L.M.F.T.  
Enfield Youth Services  
19 North Main Street  
Enfield, CT 06082  
Phone: 860-253-6381  
Insurance: Services are free for residents of Enfield. Also work with some surrounding towns.  
State: No  
Sliding scale? No  
Number of trans clients: 0-1 clients  
Number of FtM clients: 0-1 clients  
Number of MtF clients: 0-1 clients  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: 0/0

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Candice Weigle-Spier  
Therapist, PsyD  
Middletown, CT  
Phone: 860-349-0385

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Char Wilkins  
Therapist, L.C.S.W.  
Women's Center for Psychotherapy  
784 Farmington Ave  
West Hartford, CT 06107  
Phone: 860-523-4450  
Insurance: Aetna Anthem BC/BS, Cigna ConnectiCare, Oxford, United Healthcare, United Behavioral Health, Magellan, call and inquire about others  
State: Medicare  
Sliding scale? Yes

Number of trans clients: 0-1 clients  
Number of FtM clients: 0-1 clients  
Number of MtF clients: 0-1 clients  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: 0/0

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Liz Yorke  
Therapy, Certified Hypnotist, interdisciplinary PhD in Women's Studies and  
psychoanalysis  
HGLHC  
1841 Broad Street  
Hartford, CT  
Or  
Rainbow Psychological Services  
121 Main Street  
Old Wethersfield, CT 06109  
Phone: (860) 729 0489  
Insurance: None  
State: No  
Sliding scale? Yes  
Number of trans clients: 2-5 clients  
Number of FtM clients: 0-1 clients  
Number of MtF clients: 0-1 clients  
Experience with HRT/SRS letters FTM: 0/0  
Experience with HRT/SRS letters MTF: 0/0

## **Trans Resources in Connecticut**

We often need resources that go beyond meeting our legal and medical needs. This section of the guide is meant to provide a short list of trans friendly and trans affirmative organizations that can help cater to some of the other aspects of our lives. We have worked with several of the organizations listed here, but much of what we are reporting is collected from organization websites.

The listings are arranged by the type of services the organization offers. The first section lists some of the support groups available for trans and gender non-conforming folks. These are places to go to meet with trans and gender non-conforming peers. The second section lists a few advocacy and referral organizations. These are places that might be able to help, or point you towards help, if you have a problem that you are having difficulty solving on your own. The third section lists organizations that provide services that are neither support nor advocacy, but might still be useful.

We have not confirmed any of the information that we have collected, and cannot be held responsible for any information included herein. Individual groups may have left stopped offering services, or changed the services that they offer. Members named as contact persons may have left organizations or assumed different roles, and contact information may have changed. We assume no responsibility for such changes. A listing here does not imply that the listed group will be available to provide certain or specific services to a particular person at any given time; in their professional judgment and discretion, groups may be unable to take new clients or serve a particular client's needs. Descriptions of the organizations listed below are reprinted from the organization's own materials. The Transgender Lives sponsoring organizations take no responsibility for how groups choose to describe themselves, and the language they have chosen to employ in doing so.

This list is certainly not comprehensive. We are constantly adding new groups and services. If you feel we have missed something, please do not hesitate to contact us at [resourceguide@transadvocacy.com](mailto:resourceguide@transadvocacy.com). If you are looking for a service, and it is not listed here, please contact the Connecticut TransAdvocacy Coalition (CTAC) at 860-983-8139 or [info@transadvocacy.com](mailto:info@transadvocacy.com) or the Hartford Gay and Lesbian Health Collective at 860-278-4163 or [info@hglhc.org](mailto:info@hglhc.org).

### ***Support groups and organizations***

The Connecticut Outreach Society (COS)

P.O. Box 163

Farmington, CT 06034

(860) 604-6343

<http://www.ctoutreach.org>

Regular meetings are the 2<sup>nd</sup> Saturday and 4<sup>th</sup> Wednesday of every month.

Membership in COS is open to all cross dressers, transsexual (both MtF and FtM) and gender variant individuals, spouses, and significant others. They meet twice monthly in the Hartford area. Check out their website, join the organization and attend a meeting.

Connecticut Significant others, friends, family, and allies (SOFFA) Meeting  
New Haven Gay and Lesbian Community Center  
50 Fitch Street, Second Floor  
New Haven, CT  
Call Kristal at (860) 878-5256 for any questions.  
Regular meetings from 2:00 pm - 4:00 pm on the 3<sup>rd</sup> Sunday of every month

CT View  
New Haven Gay and Lesbian Community Center  
50 Fitch Street, Second Floor  
New Haven, CT  
7 pm on the 3<sup>rd</sup> Saturday of every month  
<http://www.transgender.org/ctv/index.html>  
This is a social and support group for gay, lesbian, straight, bi, male, female, husband/wife, friends, family, cross dressers, transvestites and transsexuals. All are welcome to attend.

Hartford Gay and Lesbian Health Collective Support Group  
1841 Broad Street  
Hartford, CT  
Call (860) 278-4163 to register  
2-3:30 pm on the first Saturday of every month  
<http://www.hglhc.org>

PFLAG Hartford  
Immanuel Congregational Church  
10 Woodland Street  
Hartford, CT  
3<sup>rd</sup> Wednesday of every month  
[HfdPflag@aol.com](mailto:HfdPflag@aol.com) or (860) 231-8582  
PFLAG Hartford is a welcoming place for parents, family members and friends of lesbians & gays, but we are much more than that. Gay, lesbian, bisexual, transgender, and intersexed people are also encouraged to attend meetings. GLBTI people come with or without family members, and parents, family members and friends come with or without GLBTI loved ones.

RainbowRoom  
Hartford Gay and Lesbian Health Collective  
1841 Broad Street  
Hartford, CT  
(860) 278-4163  
[http://www.hglhc.org/PDF%20Files/Rainbow\\_Broch\\_single\\_pages.pdf](http://www.hglhc.org/PDF%20Files/Rainbow_Broch_single_pages.pdf)

A youth-positive, drop-in center which provides a safe space for teens and young adults (13-21) of diverse gender identities and sexual orientations to hang out, socialize, and support one another.

#### Rainbow Support Group

50 Fitch Street

New Haven, CT

Contact John Allen at [allenhyatte@aol.com](mailto:allenhyatte@aol.com)

5:00 pm on the 2<sup>nd</sup> Monday of every month

The Rainbow Support Group (trans affirming) provides support and affirmation to people with developmental disabilities who are gay, lesbian, bisexual and transgendered. This is one of the first of its kind in the nation.

#### Triangle Transgender Society at the Triangle Community Center

P.O. Box 4062

Norwalk, CT 06852-4062

(203) 853-0600

[tccenter@aol.com](mailto:tccenter@aol.com) or, for support group information, Amy at [TriangleTGS@yahoo.com](mailto:TriangleTGS@yahoo.com)

<http://www.ctgay.org>

The Triangle Transgender Society provides a safe place where transgendered individuals can meet, share life experiences, thoughts, support each other, educate, feel relaxed, have fun, make new friends, and just be ourselves. This group will welcome any member of the TG family.

#### True Colors, Inc

945 Main Street, Suite 211

Manchester, CT 06040

True Colors: [truecolors@ourtruecolors.org](mailto:truecolors@ourtruecolors.org)

LGBT Family Programming: [family@ourtruecolors.org](mailto:family@ourtruecolors.org)

Workshops, Trainings, and Seminars: [workshop@ourtruecolors.org](mailto:workshop@ourtruecolors.org)

The Safe Harbor Project: [safeharbor@ourtruecolors.org](mailto:safeharbor@ourtruecolors.org)

<http://www.ourtruecolors.org>

(860) 649-7386

Toll free 1-888-565-5551

True Colors, Inc. Sexual Minority Youth and Family Services is a non-profit 501 (c) (3) organization that combats homophobia, gender bias, and racism. True Colors provides support, education, and advocacy to those responsible for the health, education, and well-being of Lesbian, Gay, Bisexual, Transgender, and Intersex Youth and Families.

Programs include youth mentoring, family support programs, workshops and seminars, and more. Call for more information.

#### Twenty Club

P.O.Box 387

Hartford, CT 06141-0387

(860) 646-8651

Meetings are held at the HGLHC (1841 Broad Street, Hartford, CT) from 2:00-5:00 pm on the 2<sup>nd</sup> and 4<sup>th</sup> Saturday of every month

<http://www.twentyclub.org>

Transsexual support group for the New England area.

Unity of the Pioneer Valley

Baystate Medical Center

Springfield, MA

6:30-9:00 pm on the 2<sup>nd</sup> and 4<sup>th</sup> Thursday of every month

Please visit their yahoo group website for more information:

<http://groups.yahoo.com/group/unity-of-the-pioneer-valley>

This group is open to people who identify as transgendered, as well as their allies, friends, significant others and family members. It is an inclusive group, and very much welcome supportive people from the larger GLBT community. The meetings provide support to transgendered persons, their allies and all GLBTs. The confidentiality of the meeting provides a safe environment in which to address issues related to transition, such as relationships, family, spirituality, workplace and fashion. Social hour begins at 6:30 and the meeting runs from 7:30 to 9:00 pm.

Youth Group at the New Haven Gay and Lesbian Community Center

50 Fitch Street

New Haven, CT

Contact Tom at 203-387-2252 or email [nhglccyouth@hotmail.com](mailto:nhglccyouth@hotmail.com) for more details

6:00-7:30 pm every Tuesday

Center-sponsored (trans affirming) group formed to reach out to GLBT youth in the community and offer them a safe, confidential environment to socialize. We will provide multiple forms of support and resources that will enhance their lives.

### ***Advocacy and referral groups and help lines***

Connecticut TransAdvocacy Coalition (CTAC)

PO Box 330304

West Hartford, CT 06133-0304

(860) 983-8139

[info@transadvocacy.com](mailto:info@transadvocacy.com)

<http://www.transadvocacy.com>

CTAC's mission is to improve, through Education, political and social Advocacy and Activism, societal attitudes and the law in order to achieve equal rights for the Trans and gender non-conforming individuals and communities. CTAC is a true grassroots and coalition oriented organization comprising individuals and organizations dedicated to the advancement and attainment of full Human Rights for all trans and gender non-conforming people in every aspect of society and actively opposes discriminatory acts. This mission necessitates both one-on-one advocacy work as well as organizing our community and allies to affect social change.

**Connecticut Women's Education and Legal Fund (CWEALF)**

Information &amp; Referral line:

Call (860) 524.0601 or Toll Free: 800-479-2949

Mon, Wed, Thur &amp; Fri: 8:30am – 5:00pm EST

<http://www.cwealf.org/programs/ir.php>

I&R Staff specialists also provide advocacy for callers who are victims of hate crimes because of their actual or perceived sexual orientation, people who have tried navigating the child support system themselves, but find its not working and/or for someone who experiences discrimination at work or in school. CWEALF can provide a referral to an attorney for an initial low cost or free consultation, and to other agencies for additional support and information.

**Gay and Lesbian Advocates and Defenders (GLAD) Legal Infoline**

Boston Area: (617) 426-1350

New England: 1-800-455-GLAD

Monday - Friday, 1:30 - 4:30pm

English and Spanish

<http://www.glad.org/infoline/>

Trained volunteers work one-on-one with callers to provide information, support and referrals within New England.

**Hartford Gay and Lesbian Health Collective**

PO Box 2094

Hartford, CT 06145-2094

Location: 1841 Broad Street, Hartford, CT

860-278-4163

[info@hglhc.org](mailto:info@hglhc.org)<http://www.ghlhc.org>

The Hartford Gay and Lesbian Health collective currently provides medical services, support groups, mental health services and health education tailored to the lesbian, gay, bisexual, and transgender communities but serves clients of all genders and gender identities, sexual orientations, ages and ethnicity. The Hartford Gay and Lesbian Health Collective is especially proud of its services to people living with HIV/AIDS. We touch the lives of thousands of people every year.

**Triangle Community Center**

P.O. Box 4062

Norwalk, CT 06852-4062

Location: 16 River Street, Norwalk, Connecticut (Mechanic St. Entrance)

(203) 853-0600

[tccenter@aol.com](mailto:tccenter@aol.com)<http://www.ctgay.org>

The Triangle Community Center is a non-profit Connecticut corporation that provides services to the gay/lesbian/bisexual/transgender community that help strengthen their sense of pride, identity and visibility as well as to work with the Greater Fairfield County community to foster understanding and awareness of g/l/b/t issues.

True Colors, Inc  
945 Main Street, Suite 211  
Manchester, CT 06040  
True Colors: [truecolors@ourtruecolors.org](mailto:truecolors@ourtruecolors.org)  
LGBT Family Programming: [family@ourtruecolors.org](mailto:family@ourtruecolors.org)  
Workshops, Trainings, and Seminars: [workshop@ourtruecolors.org](mailto:workshop@ourtruecolors.org)  
The Safe Harbor Project: [safeharbor@ourtruecolors.org](mailto:safeharbor@ourtruecolors.org)  
<http://www.ourtruecolors.org>  
(860) 649-7386  
Toll free 1-888-565-5551

True Colors, Inc. Sexual Minority Youth and Family Services is a non-profit 501 (c) (3) organization that combats homophobia, gender bias, and racism. True Colors provides support, education, and advocacy to those responsible for the health, education, and well-being of Lesbian, Gay, Bisexual, Transgender, and Intersex Youth and Families. Programs include youth mentoring, family support programs, workshops and seminars, and more. Call for more information.

### ***Other services and supports***

Connecticut AIDS Resource Coalition (CARC)  
20-28 Sargeant St  
Hartford CT 06105  
(860) 761-6699  
[info@ctaidcoalition.org](mailto:info@ctaidcoalition.org)  
<http://www.ctaidcoalition.org>

Advocating on behalf of all people living with HIV/AIDS in Connecticut to ensure a full range of quality housing and services necessary to maximize their potential and live their lives in dignity.

Connecticut Coalition Against Domestic Violence (CCADV)  
90 Pitkin Street  
East Hartford, CT 06108  
(860) 282-7899  
24-hour crisis hotline: 888-774-2900  
[info@ctcadv.org](mailto:info@ctcadv.org)  
[www.ctcadv.org](http://www.ctcadv.org)

The CT Coalition Against Domestic Violence is a membership organization whose purpose is to work together to end domestic violence by changing the social conditions, beliefs and social actions that perpetuate abuse against women and children. The Connecticut Coalition Against Domestic Violence is dedicated to serving you. Call our toll-free 24-hour crisis line. Safe shelters across the state will open their doors for you and your children. Many other services are available. There is no excuse for domestic violence.

Connecticut Coalition to End Homelessness (CCEH)

30 Jordan Lane

Wethersfield, CT 06109

(860) 721-7876

[info@cceh.org](mailto:info@cceh.org)

<http://www.cceh.org>

**Appendix A: Probate Court locations and districts**

| District   | Towns Served          | Address   | Telephone    | Fax   | Hours   |
|------------|-----------------------|---|--------------|---|---|
| Andover    | Andover<br>Columbia   | 222 Bolton Center Rd<br>Bolton CT 06043                               | 860-647-7979 | 860-649-8674                                | MTW 8:30am-4:30pm<br>Th 10:00-4:30<br>F 8:30am-1:00pm             |
| Ashford    | Ashford<br>Chaplin    | 5 Town Hall Road<br>P.O. Box 61<br>Ashford, CT 06278                  | 860-487-4408 | 860-487-4436                                | W 12:30-4:00  |
| Avon       | Avon                  | 60 West Main Street<br>Avon, CT 06001                                 | 860-409-4348 | 860-409-4368<br>(Town<br>Mgrs.)             | MTuTh 9-2:30<br>WF 9-12   |
| Berlin     | Berlin<br>New Britain | One Liberty Square<br>P.O. Box 400<br>New Britain, CT 06050-0400      | 860-826-2696 | 860-826-2695                                | M-F 9-4   |
| Bethany    | Bethany               | Town Hall<br>40 Peck Rd.<br>Bethany, CT 06524                         | 203-393-3744 | 203-393-0821<br>(Town<br>Clerk's<br>Office) | M-F 9-1<br>(and by appointment)                                   |
| Bethel     | Bethel                | 1 School St<br>P.O.Box 144<br>Bethel, CT 06801                        | 203-794-8508 | 203-794-8564<br>(Finance<br>Dept.)          | M-F 9-1<br>(and by appointment)                                   |
| Bloomfield | Bloomfield            | Town Hall<br>800 Bloomfield Ave<br>Bloomfield, CT 06002               | 860-769-3548 | 860-242-1167                                | M-F 9-1, 2-4:30   |
| Bozrah     | Bozrah                | Town Hall<br>1 River Road<br>Bozrah, CT 06334                         | 860-889-2958 | 860-887-7571                                | MW 10-1<br>(and by appointment)                                   |
| Branford   | Branford              | 1019 Main Street<br>P.O.Box 638<br>Branford, CT 06405-0638            | 203-488-0318 | 203-315-4715                                | M-F 9-12, 1-4:30<br>(Summer Hours M-Th<br>9-12, 1-4:30; Fri 9-12) |
| Bridgeport | Bridgeport            | 202 State Street<br>Bridgeport, CT 06604                              | 203-576-3945 | 203-576-7898                                | M-Th 9-5<br>F 9-4   |
| Bristol    | Bristol               | City Hall<br>111 N. Main Street<br>Bristol, CT 06010                  | 860-584-6230 | 860-584-3818                                | M-F 9-5   |
| Brookfield | Brookfield            | Town Hall<br>100 Pocono Rd., P.O.<br>Box 5192<br>Brookfield, CT 06804 | 203-775-3700 | 203-775-5246                                | M,W-F 9-3:30<br>Closed on Tuesday<br>(and by appointment)         |
| Brooklyn   | Brooklyn              | Town Hall<br>4 Wolf Den Rd.<br>P.O.Box 356<br>Brooklyn, CT 06234-0356 | 860-774-5973 | 860-779-3744                                | T 11-4:30<br>(and by appointment)                                 |
| Burlington | Burlington            | 200 Spielman Highway<br>Burlington, CT 06013                          | 860-673-2108 | 860-673-1527                                | MTh 1-6<br>(and by appointment)                                   |

|               |                    |  |              |                                   |  |
|---------------|--------------------|--|--------------|-----------------------------------|--|
|               |                    |  |              | (1st Sel. Office)                 |  |
| Canton        | Canton             | Town Hall<br>4 Market St.<br>P.O.Box 175<br>Collinsville, CT 06022-0175  | 860-693-7851 | 860-693-7889                      | M 1-4<br>Tu 8:30-4<br>WTh 8:30-1<br>(Fri. by Appointment)                  |
| Cheshire      | Cheshire Prospect  | 84 South Main Street<br>Cheshire, CT 06410                               | 203-271-6608 | 230-271-6628                      | M-Th 8:30-1, 1:30-4<br>F Closed  |
| Clinton       | Clinton            | Elliott House<br>50 E. Main St.<br>P.O.Box 130<br>Clinton, CT 06413-0130 | 860-669-6447 | 860-669-6447<br>(Call first)      | M-Th 10-3<br>(Open during lunch)<br>Fri. Closed                            |
| Colchester    | Colchester Lebanon | Town Hall<br>127 Norwich Ave.<br>Colchester, CT 06415                    | 860-537-7290 | 860-537-0547                      | MF 12:30-4:30<br>TuWTh 9-4:30<br>1st Thurs. of every month open until 6:00 |
| Danbury       | Danbury            | City Hall Building<br>155 Deer Hill Ave.<br>Danbury, CT 06810            | 203-797-4521 | 203-797-4521                      | M-F 8:30-4:30  |
| Darien        | Darien             | Town Hall<br>2 Renshaw Road<br>Darien, CT 06820                          | 203-656-7342 | 203-656-0774                      | M-F 8:30-12:30, 1:30-4:30<br>(F 8:30-12:30 July thru Labor Day)            |
| Deep River    | Deep River         | Town Hall<br>174 Main St.<br>P.O.Box 391<br>Deep River, CT 06417         | 860-526-6026 | 860-526-6094                      | MF 9-1<br>W 2:30-5<br>TuTh 9-5   |
| Derby         | Derby Seymour      | City Hall<br>253 Main Street, 2nd Fl.<br>Ansonia, CT 06401               | 203-734-1277 | 203-734-0922                      | MTuWTh 8:30-5:30<br>F 8:30-4:00  |
| East Granby   | East Granby        | Town Hall<br>9 Center St.<br>P.O.Box 542<br>East Granby, CT 06026-0542   | 860-653-3434 | 860-653-7085                      | Tu 10-1<br>WTh 9-12<br>(and by appointment)                                |
| East Haddam   | East Haddam        | Goodspeed Plaza<br>P.O.Box 217<br>East Haddam, CT 06423                  | 860-873-5028 | 860-873-5025<br>(1st Sel. Office) | M-F 10-2<br>(and by appointment)   |
| East Hampton  | East Hampton       | Town Hall<br>20 East High St. Annex<br>East Hampton, CT 06424            | 860-267-9262 | 860-267-6453                      | M-Th 9-2<br>(and by appointment)   |
| East Hartford | East Hartford      | Town Hall<br>740 Main St.<br>East Hartford, CT 06108                     | 860-291-7278 | 860-291-7211<br>(Town Hall)       | MTuThF 9-4<br>Wednesday closed   |
| East Haven    | East Haven         | Town Hall<br>250 Main St.<br>East Haven, CT 06512                        | 203-468-3895 | 203-468-5155                      | M 9:30-4:30<br>Tu 9:30-3:30<br>W 8:30-3:30<br>Th 8:30-4:30<br>F 9:00-1:00  |
| East Lyme     | East Lyme Niantic  | 108 Pennsylvania Ave.<br>P.O.Box 519<br>Niantic, CT 06357                | 860-739-6931 | 860-739-6930                      | M-F 8:30-12:30   |

|              |                               |  |                               |   |   |
|--------------|-------------------------------|--|-------------------------------|---|---|
| East Windsor | East Windsor<br>South Windsor | Town Hall<br>1540 Sullivan Ave.<br>South Windsor, CT<br>06074-2786               | 860-644-2511 x<br>271         | 860-648-<br>5047                                | M-F 8-3                                       |
| Eastford     | Eastford                      | P.O. Box 98<br>Eastford, CT 06242-<br>0098                                       | 860-974-3024                  | 860-974-<br>0624                                | Tu 2-4<br>(and by appointment)                |
| Ellington    | Ellington<br>Vernon           | P.O.Box 268<br>14 Park Place<br>Vernon, CT 06066-0268                            | 860-872-0519                  | 860-870-<br>5140                                | M-W 8:30-4:30<br>Th 8:30-7<br>F 8:30-1        |
| Enfield      | Enfield                       | 820 Enfield St.<br>Enfield, CT 06082   | 860-253-6305                  | 860-253-<br>6388                                | M-F 9-4:30<br>(eves by appointment)           |
| Essex        | Essex                         | Town Hall<br>29 West Avenue<br>Essex, CT 06426                                   | 860-767-4347 x<br>125 (Clerk) | 860-767-<br>8509 (1st<br>Sel. Office)           | M-F 9-3<br>(and by appointment)               |
| Fairfield    | Fairfield                     | Independence Hall<br>725 Old Post Road<br>Fairfield, CT 06824                    | 203-256-3041                  | 203-256-<br>3080                                | M-F 9-5<br>(8:30-4:30 July and<br>August)     |
| Farmington   | Farmington                    | One Monteith Drive<br>Farmington, CT 06032                                       | 860-675-2360                  | 860-673-<br>8262                                | M-F 9-4                                       |
| Glastonbury  | Glastonbury                   | 2155 Main St.<br>P.O. Box 6523<br>Glastonbury, CT 06033-<br>6523                 | 860-652-7629                  | 860-368-<br>2520                                | MWThF 9:30-4:30<br>Tu 9:30-7                  |
| Granby       | Granby                        | Town Hall<br>15 North Granby Rd.<br>P.O.Box 240<br>Granby, CT 06035-0240         | 860-653-8944                  | 860-653-<br>4769 (Town<br>Mgr.'s<br>Office)     | M-W 9-12:30                                   |
| Greenwich    | Greenwich                     | Town Hall<br>101 Field Point Rd.<br>P.O.Box 2540<br>Greenwich, CT 06836-<br>2540 | 203-622-3766                  | 203-622-<br>6451                                | M-F 8-4<br>(F 8-12, July and<br>August)       |
| Griswold     | Griswold                      | 28 Main Street, 2nd<br>Floor<br>Jewett City, CT 06351                            | 860-376-<br>7060 x213         | 860-376-<br>6628                                | TuTh 9-4<br>W 11:30-2 with<br>hearings 2-5:30 |
| Groton       | Groton                        | Town Hall<br>45 Fort Hill Rd<br>Groton, CT 06340                                 | 860-441-6655                  | 860-441-<br>6657                                | M-F 9-12:30, 1:30-4:30                        |
| Guilford     | Guilford                      | Town Hall<br>31 Park St.<br>Guilford, CT 06437                                   | 203-453-8006                  | 203-453-<br>8017<br>(Tax Office)                | MTuThF 9-12,1-4<br>W 9-12                     |
| Haddam       | Haddam                        | 30 Field Park Drive<br>Haddam, CT 06438  | 860-345-8531                  | 860-345-<br>3730<br>(1st Sel.<br>Office)        | TuWTh 10-2<br>(and by appointment)            |
| Hamden       | Hamden                        | Govt. Center<br>2750 Dixwell Avenue<br>Hamden, CT 06518                          | 203-287-7082                  | 203-287-<br>7087                                | M-F 8:30-4:30                                 |
| Hampton      | Hampton                       | Town Hall<br>164 Main Street<br>P.O.Box 143<br>Hampton, CT 06247                 | 860-455-9132 x<br>8           | 860-455-<br>0517<br>(Town<br>Clerk's<br>Office) | TuTh 1-4<br>(and by appointment)              |
| Hartford     | Hartford                      | 250 Constitution Plaza   | 860-757-9150                  | 860-724-  | M-F 9-4                                       |

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|--------------|---|---|--------------|---|---|
|              |   | (3rd floor)<br>Hartford, CT 06103-2814                                  |              | 1503                                    | M 4-6:30pm by appointment                                   |
| Harwinton    | Harwinton                                       | Town Hall<br>100 Bentley Drive<br>Harwinton, CT 06791                   | 860-485-1403 | 860-484-2716                            | TuW 1-6   |
| Hebron       | Hebron  | 15 Gilead Road<br>Hebron, CT 06248                                      | 860-228-5971 | 860-228-4859 (Mail Room)                | TuW 8-12<br>F 8-10<br>(and by appointment)                  |
| Kent         | Kent  | Town Hall<br>41 Kent Green Blvd.<br>P.O. Box 185<br>Kent, CT 06757-0185 | 860-927-3729 | 860-927-1313<br>(1st Sel. Office)       | TuTh 9-12<br>(and by appointment)                           |
| Killingly    | Killingly                                       | 172 Main Street<br>Killingly, CT 06239                                  | 860-779-5319 | 860-779-5394<br>(Receptionist's Office) | M-F 8:30-12, 1-4:30<br>(open to the public)                 |
| Killingworth | Killingworth                                    | Town Office Bldg.<br>323 Route 81<br>Killingworth, CT 06419             | 860-663-2304 | 860-663-3305<br>(1st Sel. Office)       | TuTh 9:30-12:30   |
| Ledyard      | Ledyard   | 741 Col. Ledyard Hwy.<br>(Rte. 117)<br>Ledyard, CT 06339                | 860-464-3219 | 860-464-8531                            | MTuW 8:30-1<br>Th 8:30-4                                    |
| Litchfield   | Litchfield<br>Warren<br>Morris                  | 74 West Street<br>P.O.Box 505<br>Litchfield, CT 06759                   | 860-567-8065 | 860-567-2538                            | M-F 9-1<br>(and by appointment)                             |
| Lyme         | Lyme  | Town Hall<br>480 Hamburg Rd.<br>Lyme, CT 06371                          | 860-434-7733 | 860-434-2989<br>(Town Hall)             | TuTh 2-4<br>(and by appointment)                            |
| Madison      | Madison   | 8 Campus Drive<br>Madison, CT 06443                                     | 203-245-5661 | 203-245-5653                            | M-F 9-3   |
| Manchester   | Manchester                                      | 66 Center St.<br>Manchester, CT 06040                                   | 860-647-3227 | 860-647-3236                            | M-F 8:30-12, 1-4:30<br>(Th 6-8 p.m.<br>Information Session) |
| Mansfield    | Mansfield<br>Coventry                           | Municipal Bldg.<br>4 South Eagleville Rd.<br>Storrs, CT 06268           | 860-429-3313 | 860-429-4088                            | Tu 9-12, 1:30-4:30<br>W 1:30-4:30<br>Th 1:30-6:30<br>F 9-12 |
| Marlborough  | Marlborough                                     | P.O.Box 29<br>26 North Main St.<br>Marlborough, CT 06447                | 860-295-6239 | 860-295-6122<br>(Town Hall)             | TuW 1-4<br>Th 9-12<br>(other hours by appointment)          |
| Meriden      | Meriden   | City Hall Rm. 113<br>142 E. Main St.<br>Meriden, CT 06450               | 203-630-4150 | 203-630-4043                            | M 8:30-7<br>Tu-F 8:30-4:30                                  |
| Middletown   | Middletown<br>Cromwell<br>Durham<br>Middlefield | 94 Court St.<br>Middletown, CT 06457                                    | 860-347-7424 | 860-346-1520                            | M-F 8:30-4:30   |
| Milford      | Milford   | 70 West River St.<br>P.O.Box 414<br>Milford, CT 06460                   | 203-783-3205 | 203-783-3364                            | M-F 9-5   |
| Montville    | Montville                                       | 310 Norwich-New   | 860-848-9847 | 860-848-                                | MTuThF 9-1  |

|                  |  |   |                    |                                      |  |
|------------------|--|---|--------------------|--------------------------------------|--|
|                  |  | London Tpke.<br>Uncasville, CT 06382  |                    | 2116                                 | W 9-4:30   |
| Naugatuck        | Naugatuck  | Town Hall<br>229 Church St.<br>Naugatuck, CT 06770                          | 203-720-7046       | 203-720-5476<br>(Judge's law office) | M-Th 8:30-4<br>F 8:30-2                          |
| New Canaan       | New Canaan   | Town Hall<br>77 Main St.<br>New Canaan, CT 06840                            | 203-594-3050       | 203-594-3128                         | M-F 8:30-4:30<br>(Fri. 8:30-1 July to Labor Day) |
| New Fairfield    | New Fairfield<br>Seymour   | 4 Brush Hill Road<br>New Fairfield, CT 06812                                | 203-312-5627       | 203-312-5612                         | TuTh 9-12, 3-5<br>W 3-5                          |
| New Hartford     | New Hartford<br>Hartland   | Town Hall<br>530 Main St.<br>P.O. Box 308<br>New Hartford, CT 06057-0308    | 860-379-3254       | 860-379-8560<br>(Judge's law office) | MTuTh 8:00-3:00<br>W 8-6<br>Fri. 8-12            |
| New Haven        | New Haven  | 200 Orange St., 1st Fl.<br>P.O. Box 905<br>New Haven, CT 06504-0905         | 203-946-4880       | 203-946-5962                         | M-F 9-4  |
| New London       | New London<br>Waterford  | 181 Captain's Walk<br>P.O.Box 148<br>New London, CT 06320                   | 860-443-7121       | 860-437-8155                         | M-F 9-4  |
| New Milford      | New Milford  | 10 Main St.<br>New Milford, CT 06776  | 860-355-6029       | 860-355-6024<br>(Mayor's Office)     | M-Th 9-12, 1-5;                                  |
| Newington        | Newington<br>Wethersfield<br>Rocky Hill                              | 66 Cedar Street<br>Newington, CT 06111                                      | 860-665-1285       | 860-665-1331                         | M-W, F 9-4<br>Th 9-7                             |
| Newtown          | Newtown  | Edmond Town Hall<br>45 Main St.<br>Newtown, CT 06470-2157                   | 203-270-4280       | 203-270-4205 (1st Sel. Office)       | M-F 8:30-12, 1-4:30                              |
| North Haven      | North Haven  | 18 Church St.<br>P.O.Box 175<br>North Haven, CT 06473-0175                  | 203-239-5321 x 775 | 203-239-1874                         | M-Th 8:30-4:30<br>(and by appointment)           |
| North Stonington | North Stonington   | 391 Norwich Westerly Rd. #2<br>P.O.Box 204<br>No. Stonington, CT 06359-0204 | 860-535-8441       | 860-535-8441 (Call first)            | MW 9-12<br>TuF 4-7<br>Th 4-7                     |
| Northwest Corner | Canaan<br>Cornwall<br>Norfolk<br>Salisbury<br>Sharon<br>North Canaan | Canaan Town Hall<br>100 Pease St.<br>P.O.Box 849<br>Canaan, CT 06018-0849   | 860-824-7114       | 860-824-3139<br>(1st Sel. Office)    | M-Th 9-2   |
| Norwalk          | Norwalk<br>Wilton  | 125 East Ave<br>P.O.Box 2009<br>Norwalk, CT 06852-2009                      | 203-854-7737       | 203-854-7825                         | M-F 9-4:30                                       |

|              |  |  |                    |                                       |  |
|--------------|--|--|--------------------|---------------------------------------|--|
| Norwich      | Norwich<br>Voluntown<br>Franklin<br>Lisbon<br>Preston<br>Sprague | 100 Broadway<br>P.O.Box 38<br>Norwich, CT 06360-0038             | 860-887-2160       | 860-887-2401                          | M-F 9-4:30                                       |
| Old Lyme     | Old Lyme   | Town Hall<br>52 Lyme Street<br>Old Lyme, CT 06371                | 860-434-1605 x 223 | 860-434-9283<br>(Town Clerk's Office) | M-F 9-12, 1-4                                    |
| Old Saybrook | Old Saybrook   | 263 Main Street, Suite 105<br>Old Saybrook, CT 06475             | 860-395-3128       | 860-395-3125                          | M-F 9-3<br>No evening hours.                     |
| Orange       | Orange   | 525 Orange Center Rd.<br>Orange, CT 06477                        | 203-891-2160       | 203-891-2161                          | M-F 8:30-1<br>(and by appointment)               |
| Oxford       | Oxford   | Town Hall, Rte. 67<br>Oxford, CT 06478                           | 203-888-2543       | 203-888-2136<br>(Town Hall)           | M 7:00-9:00PM<br>TuW 1-5<br>Th 9-5, 7-9          |
| Plainfield   | Plainfield<br>Sterling   | Town Hall<br>8 Community Ave.<br>Plainfield, CT 06374            | 860-230-3031       | 860-230-3033<br>(1st Sel. Office)     | M-Th 8:30-3:30<br>F 8:30 - 12:30                 |
| Plainville   | Plainville   | 1 Central Square<br>Plainville, CT 06062                         | 860-793-0221 x 250 | 860-793-2424                          | M-Th 9-3<br>F 9-1                                |
| Plymouth     | Plymouth   | 80 Main Street<br>Terryville, CT 06786                           | 860-585-4014       |                                       | M 1:30-4:30<br>W 8:30-2<br>(and by appointment)  |
| Pomfret      | Pomfret  | 5 Haven Rd. (Rte. 44)<br>Pomfret Center, CT 06259                | 860-974-0186       | 860-974-3950<br>(1st Sel. Office)     | WF 9-12  |
| Portland     | Portland   | P.O.Box 71<br>33 East Main St.<br>Portland, CT 06480-0071        | 860-342-6739       | 860-342-0001<br>(Town Clerk's Office) | M-F 9-2<br>(and by appointment)                  |
| Putnam       | Putnam   | Town Hall<br>126 Church Street<br>Putnam, CT 06260               | 860-963-6868       | 860-963-6817                          | M-F 1-4  |
| Redding      | Redding  | Town Hall<br>100 Hill Hall<br>P.O. Box 1125<br>Redding, CT 06875 | 203-938-2326       | 203-938-8816                          | M-F 9-1  |
| Ridgefield   | Ridgefield   | Town Hall<br>400 Main Street<br>Ridgefield, CT 06877             | 203-431-2776       | 203-431-2722                          | M-F 8:30-4:30                                    |
| Roxbury      | Roxbury  | Town Hall<br>29 North St.<br>P.O. Box 203<br>Roxbury, CT 06783   | 860-354-1184       | 860-355-3091                          | TuTh 9-3<br>(and by appointment)                 |
| Salem        | Salem  | 270 Hartford Road<br>Salem, CT 06420                             | 860-859-3873       | 860-537-1433                          | M-Th (by appt)<br>F 10-12<br>evenings & weekends |

|             |                       |   |                       |  |  |
|-------------|-----------------------|---|-----------------------|--|--|
|             |                       |   |                       |  | by appt  |
| Saybrook    | Saybrook<br>Chester   | 203 Middlesex Avenue<br>PO Box 628<br>Chester, CT 06412                     | 860-526-<br>0013 x221 | 860-526-<br>0004 (1st<br>Sel. Office)    | TuWTh 9:30-12:30<br>(and by appointment)                                     |
| Shelton     | Shelton               | 60 Perry Hill Road<br>P.O.Box 127<br>Shelton, CT 06484                      | 203-924-8462          | 203-924-<br>8943                         | M-F 9-5 (6:30 on first<br>and third Tues. of the<br>month)                   |
| Simsbury    | Simsbury              | P.O.Box 495<br>933 Hopmeadow St.<br>Simsbury, CT 06070-<br>0495             | 860-658-3277          | 860-658-<br>3204<br>(Town Hall)          | M-F 9-1, 2-4:30<br>(and by appointment)                                      |
| Southbury   | Southbury             | 421 Main Street South<br>P.O.Box 674<br>Southbury, CT 06488-<br>0674        | 203-262-0641          | 203-264-<br>9310                         | M-F 9-4:30 (7 PM 1st<br>and 3rd Tu of each<br>month)<br>(and by appointment) |
| Southington | Southington           | 75 Main Street<br>P.O.Box 165<br>Southington, CT 06489-<br>0165             | 860-276-6253          | 860-276-<br>6255                         | MTuWF 8:30-4:30<br>Th 8:30-7   |
| Stafford    | Stafford<br>Somers    | Town Hall<br>P.O.Box 63<br>Stafford Springs, CT<br>06076-0063               | 860-684-1783          | 860-684-<br>1797                         | M 9-12, 1-4:30<br>Tu-F 9-12<br>(and by appointment)                          |
| Stamford    | Stamford              | 888 Washington Blvd.<br>P.O. Box 10152<br>Stamford, CT 06904-<br>2152       | 203-323-2149          | 203-964-<br>1830                         | M-F 9-4  |
| Stonington  | Stonington<br>Mystic  | 152 Elm St.<br>P.O.Box 312<br>Stonington, CT 06378-<br>0312                 | 860-535-5090          | 860-535-<br>0520                         | M-F 9-12, 1-4  |
| Stratford   | Stratford             | 468 Birdseye St., 2nd<br>Floor<br>Stratford, CT 06615                       | 203-385-4023          | 203-375-<br>6253                         | M-F 9:30-4:30  |
| Suffield    | Suffield              | Town Hall<br>83 Mountain Rd.<br>P.O. Box 234<br>Suffield, CT 06078-<br>0234 | 860-668-3835          | 860-668-<br>3029                         | M-F 9-1<br>(and by appointment)  |
| Thomaston   | Thomaston             | 158 Main St.<br>P.O.Box 136<br>Thomaston, CT 06787                          | 860-283-4874          | 860-283-<br>1013<br>(Police<br>Dept.)    | T-Th 3:00-6:00<br>(and by appointment)                                       |
| Thompson    | Thompson              | 815 Riverside Dr.<br>P.O.Box 74<br>No.Grosvenordale, CT<br>06255            | 860-923-2203          | 860-923-<br>3836<br>(1st Sel.<br>Office) | M-F 9:00-12:00<br>(Saturdays and<br>evenings by<br>appointment)              |
| Tolland     | Tolland<br>Willington | 21 Tolland Green<br>Tolland, CT 06084                                       | 860-871-3640          | 860-871-<br>3641                         | M-W 9:00-1:30<br>Th 5:30-8:30pm<br>(and by appointment)                      |
| Torrington  | Torrington<br>Goshen  | Municipal Building<br>140 Main Street<br>Torrington, CT 06790               | 860-489-2215          | 860-496-<br>5910                         | M-W 8:30-4:00<br>Th 8:30-6:30<br>F 8:30-12:30                                |
| Trumbull    | Trumbull<br>Easton    | Town Hall<br>5866 Main Street   | 203-452-5068          | 203-452-<br>5092                         | M-F 9:00-4:30  |

|               |                                    |  |              |                                       |  |
|---------------|------------------------------------|--|--------------|---------------------------------------|--|
|               | Monroe                             | Trumbull, CT 06611-5416  |              |                                       |  |
| Wallingford   | Wallingford                        | Town Hall<br>45 South Main Street<br>Wallingford, CT 06492                         | 203-294-2100 | 203-294-2109                          | M-F 9:00-5:00  |
| Washington    | Washington                         | Town Hall<br>2 Bryan Mem. Plaza<br>P.O. Box 295<br>Washington Depot, CT 06794-0295 | 860-868-7974 | 860-868-0512                          | MWF 9:00-12:00,<br>1:00-3:00<br>(and by appointment)   |
| Waterbury     | Waterbury<br>Wolcott<br>Middlebury | 236 Grand St.<br>Waterbury, CT 06702   | 203-755-1127 | 203-597-0824                          | MTWF 9:00-4:45<br>Th 9:00-6:00<br>Sa 9:00-12:00<br>(no eve./Sat. hours<br>from June - Labor Day) |
| West Hartford | West<br>Hartford                   | 50 South Main Street<br>West Hartford, CT 06107                                    | 860-561-7940 | 860-561-7591                          | M-F 8:30-4:30  |
| West Haven    | West Haven                         | 355 Main Street.<br>P.O.Box 127<br>West Haven, CT 06516                            | 203-937-3552 | 203-937-3556                          | M-F 9:00-4:00  |
| Westbrook     | Westbrook                          | 866 Boston Post Road<br>Westbrook, CT 06498  | 860-399-5661 | 860-399-3092                          | M-F 1:00-4:30<br>(and by appointment)  |
| Westport      | Westport<br>Weston                 | Town Hall<br>110 Myrtle Ave.<br>Westport, CT 06880                                 | 203-341-1100 | 203-341-1102                          | M-F 9:00-4:30  |
| Winchester    | Winchester<br>Winsted<br>Colebrook | 338 Main St.<br>P.O. Box 625<br>Winsted, CT 06098-0625                             | 860-379-5576 | 860-738-7053<br>(Town Hall)           | M-W 9:00-12:00,1:00-4:00<br>Th 9:00-2:00,3:00-7:00<br>F 9:00-12:00                               |
| Windham       | Windham<br>Willimantic<br>Scotland | 979 Main St.<br>P.O.Box 34<br>Willimantic, CT 06226                                | 860-465-3049 | 860-465-3012                          | M-Th 9:00-2:00<br>F 9:00-12:00<br>(and by appointment)   |
| Windsor       | Windsor                            | P.O.Box 342<br>275 Broad St.<br>Windsor, CT 06095                                  | 860-285-1976 | 860-285-1909<br>(Town Clerk's Office) | M-Th 8:30-4:30<br>F 8:30-12:00<br>(and by appointment)   |
| Windsor Locks | Windsor<br>Locks                   | Town Office Bldg.<br>50 Church St.<br>Windsor Locks, CT 06096                      | 860-627-1450 | 860-627-1451                          | M-Th 9:00-2:00   |
| Woodbridge    | Woodbridge                         | Town Hall<br>11 Meetinghouse Lane<br>Woodbridge, CT 06525                          | 203-389-3410 | 203-389-3480                          | M 9:00-1:00<br>W 9:00-2:00   |
| Woodbury      | Woodbury<br>Watertown              | P.O.Box 843<br>281 Main St. South<br>Woodbury, CT 06798                            | 203-263-2417 | 203-263-2748                          | M-F 9:00-4:00  |

**Appendix B: CHRO regional offices**

If alleged discrimination took place in:

|              |             |               |               |
|--------------|-------------|---------------|---------------|
| Avon         | Granby      | Simsbury      | Unionville    |
| Bloomfield   | Hartford    | Suffield      | New Canaan    |
| Canton       | New Britain | West Hartford | Farmington    |
| Collinsville | Newington   | Wethersfield  | Rocky Hill    |
| East Granby  | Plainville  | Windsor       | Windsor Locks |

**CONTACT:****CAPITOL REGION OFFICE**

999 Asylum Avenue, Second Floor  
Hartford, CT 06105

PHONE: (860) 566-7710

FAX: (860) 566-1997

TDD: (860) 566-7710

Click here for directions to the [Capitol Region Office](#)

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If alleged discrimination took place in:

|               |              |                  |               |
|---------------|--------------|------------------|---------------|
| Andover       | East Lyme    | Lyme             | Somers        |
| Ashford       | East Windsor | Manchester       | South Windsor |
| Bolton        | Ellington    | Mansfield        | Sprague       |
| Bozrah        | Enfield      | Marlborough      | Stafford      |
| Brooklyn      | Essex        | Montville        | Sterling      |
| Canterbury    | Franklin     | New London       | Stonington    |
| Chaplin       | Glastonbury  | North Stonington | Thompson      |
| Chester       | Griswold     | Norwich          | Tolland       |
| Clinton       | Groton       | Old Lyme         | Union         |
| Colchester    | Haddam       | Plainfield       | Vernon        |
| Columbia      | Hampton      | Pomfret          | Voluntown     |
| Coventry      | Hebron       | Portland         | Waterford     |
| Deep River    | Killingly    | Preston          | Westbrook     |
| Eastford      | Killingworth | Old Saybrook     | Willington    |
| East Haddam   | Lebanon      | Putnam           | Windham       |
| East Hampton  | Ledyard      | Salem            | Woodstock     |
| East Hartford | Lisbon       | Scotland         |               |

**CONTACT:****EASTERN REGION OFFICE**

100 Broadway

Norwich, CT 06360

PHONE: (860) 886-5703

FAX: (860) 886-2550

TDD: (860) 886-5707

Click here for directions to the [Eastern Region Office](#)

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If alleged discrimination took place in:

|              |             |                |             |
|--------------|-------------|----------------|-------------|
| Ansonia      | East Haven  | New Hartford   | Southington |
| Barkhamsted  | Goshen      | New Haven      | Thomaston   |
| Beacon Falls | Guildford   | Norfolk        | Torrington  |
| Berlin       | Hamden      | North Branford | Wallingford |
| Bethany      | Hartland    | North Canaan   | Warren      |
| Bethlehem    | Harwinton   | North Haven    | Washington  |
| Branford     | Kent        | Orange         | Waterbury   |
| Bristol      | Litchfield  | Oxford         | Watertown   |
| Burlington   | Madison     | Plymouth       | West Haven  |
| Canaan       | Meriden     | Prospect       | Winchester  |
| Cheshire     | Middlebury  | Roxbury        | Wolcott     |
| Colebrook    | Middlefield | Salisbury      | Woodbridge  |
| Cornwall     | Middletown  | Seymour        | Woodbury    |
| Cromwell     | Milford     | Sharon         | Winsted     |
| Derby        | Morris      | Shelton        |             |
| Durham       | Naugatuck   | Southbury      |             |

CONTACT:

WEST CENTRAL REGION OFFICE

Rowland State Government Center

55 West Main Street, Suite 210

Waterbury, CT 06702-2004

PHONE: (203) 805-6530

FAX: (203) 805-6559

TDD: (203) 805-6579

Click here for directions to the [West Central Region Office](#)

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If alleged discrimination took place in:

|             |               |             |           |
|-------------|---------------|-------------|-----------|
| Bethel      | Easton        | New Milford | Stratford |
| Bridgeport  | Fairfield     | Newton      | Trumbull  |
| Bridgewater | Greenwich     | Redding     | Weston    |
| Brookfield  | Monroe        | Ridgefield  | Westport  |
| Danbury     | New Canaan    | Sherman     | Wilton    |
| Darien      | New Fairfield | Stamford    | Norwalk   |

CONTACT:

SOUTHWEST REGION OFFICE

1057 Broad Street

Bridgeport, CT 06604  
PHONE: (203) 579-6246  
FAX: (203) 579-6950  
TDD: (203) 579-6246

## **Appendix C: Social Security Administration Policy OUTS Transsexuals!**

CT Transadvocacy Coalition Alert  
June 14, 2004

[http://www.transadvocacy.com/alerts/SSA\\_6\\_14.htm](http://www.transadvocacy.com/alerts/SSA_6_14.htm)

As we all are highly aware these days, identity verification, theft and security are on the tips of many bureaucrats' tongues, as well as government agencies. And of course this includes the United States Social Security Administration. If you are not a transsexual or an immigrant you probably are not aware of a little known item termed: SSA's no-match letters. These are letters sent by the Social Security Administration to an employer if the employee's W-2 detail information does not match the Social Security Administrations record. And of course, for some unknown reason, gender is one of the fields in this information match! Now you may say, "What is the big deal?" Well if you are transsexual, transgendered, or gender non-conforming, it is a very BIG deal.

As background, let me explain a little about one's gender and the Social Security Administration. As noted recently by the National Transgender Advocacy Coalition regarding changing ones gender on their SSA record:

The new SSA policy (RM 00203.210 paragraph C) requires a person — the Number Holder (NH) in SSA parlance — to provide clinic or medical records or other combination of documents showing the sex change surgery has been completed. All documents must clearly identify the NH. Previous policy required documents that show sex change surgery has either been completed or started.

If you are a fully post-operative transsexual, you have no problems. However, if you are one of the more numerous transsexuals that have not had the privilege and/or desire to have this expensive and major surgery, what is the impact of the SSA's policy to you? Well, in that case, expect to receive a call from your employer, asking you to explain why your employment gender (or sex) does not match that on the SSA records.

And of course, if as with many transsexuals you are not Out at your workplace, you have just been OUTED by the Federal Government!!!! And even if you are Out at work, your operative status may not be out (last time I checked, employers did not do crotch checks) and of course, at best, such a situation is highly humiliating and degrading.

In fact yours truly can attest directly to this! On June 17th, 2003 at 4:07 PM an email was mailed from my HR/Payroll department to me stating:

"Social Security Administration has reviewed the information that we have on file for you and they have indicated that your gender does not match the record that they have. ..."

Needless to say, even though I am very out at work, this email was highly humiliating and degrading. And of course, my first concern was that will I be fired or required to change my company's employee gender designation? For details on how this situation unfolded, you are referred to my write-up on the CTAC website at:

<http://www.transadvocacy.com/ssa>

At any rate, this issue is not about me. In 2003, the SSA began notifying employers if any employee record had a mismatch and I was simply one of the very first to be impacted by this revised SSA policy. And unfortunately other Transsexuals are now receiving similar letters, some with not as positive outcomes as I have had!!!

Clearly, this is a violation of one's privacy rights. I shall excerpt a portion of a letter from Linton Joaquin, Director of Litigation at the National Immigration Law Center (<http://www.nilc.org>) and co-signed by over thirty other organizations, that was sent to the SSA:

“Alerting the employer of the specific reason for the mismatch serves no useful purpose; instead, it will violate individuals’ privacy rights by giving out unnecessary information. For example, the second code explanation notifies the employer that there is an SSN/gender mismatch. Currently, there are many jurisdictions that enforce transgender explicit non-discrimination laws. Code explanation two could potentially facilitate discrimination against transgender individuals whose names/numbers appear on a no match. To prevent this, we firmly believe that only the employee should know or needs to know the reason for the mismatch. We feel it would be prudent for the SSA to avoid potential conflicts with other areas of the law by keeping the reason for the mismatch confidential. Ensuring such confidentiality is especially sensible given that only an employee can amend his/her records.”

Perhaps I am wrong, but if a similar Outing by a Government Agency was being done to gays and lesbians, I would venture we would hear a vociferous outcry by Congressmen such as Barney Frank or Edward Kennedy. Not to mention the National Gay and Lesbian organizations. Yet outside of this alert, or those by the National Transgender Advocacy Coalition, there is precious little VOICE OF OUTRAGE!

Well, the Connecticut TransAdvocacy Coalition is reaching out to you and your organizations to join us in a collective VOICE OF OUTRAGE, at this illegal and wrong OUTING of Transsexuals by the SSA. We are also talking with some trans-supportive national organizations in the hope that they also will add their voice to this wrongdoing by the SSA. And remember, there is still a struggle for gender identity or expression inclusion in the National Employment Non-Discrimination Act (ENDA) as well as precious few states having non-discrimination laws protecting gender identity or expression. Clearly, I cannot think of a better reason than this horrific Outing by the Federal Government, to include non-discrimination protections for gender identity or expression.

Please let others know of this wrong being perpetrated on the Trans community. And we

April 14, 2007

urge you to contact us at [info@transadvocacy.com](mailto:info@transadvocacy.com) if you or your organization would like to assist or partake in coordinating an effective response, or if you yourself have been subject to a letter from the SSA.

Jerimarie Liesegang  
Director, Connecticut TransAdvocacy Coalition